

Acute Stress Disorder – DSM-V

Nine or more of ANY of the following five categories

Center for Deployment Psychology

Intrusion

- intrusive, involuntary memories
- recurrent distressing dreams
- dissociative reactions
- intense distress or physiological response

Negative mood

- persistent inability to experience positive emotions

Dissociative symptoms

- altered sense of reality
- inability to remember important aspect of the event

Avoidance

- avoid memories, thoughts or feelings
- avoid reminders that arouse memories, thoughts or feelings

Arousal Symptoms

- sleep disturbance
- Irritable or angry
- hypervigilance
- problems with concentration
- exaggerated startle