



**CENTER FOR
DEPLOYMENT PSYCHOLOGY**
Preparing Professionals to Support Warriors and Families

Cognitive Processing Therapy (CPT) to Treat PTSD

**Fully-Funded Two-Day Workshop on
10 - 11 July 2014 from 0900-1730**

Adobe Connect Online

Presented by the Center for Deployment Psychology.

This intensive 2-day module provides training in CPT, an evidence-based treatment for PTSD. It presents theory underlying CPT, a brief overview of CPT's empirical support, and step-by-step instructions in CPT protocol techniques. Throughout the workshop strategies for conceptualizing and dealing with co-morbidity, managing avoidance, and keeping patients optimally engaged are provided. Video clips of expert therapists demonstrate CPT skills, and participants are asked to do role-plays and other assignments to learn concepts and practice skills. Attendance on both days is required. Participants will receive *Cognitive Processing Therapy, Veteran/Military Version: Therapist's Manual* by Resick et al., November 2010 (third printing) as part of the workshop.



Learning Objectives:

1. To describe symptoms of PTSD through the lens of CPT theory.
2. To identify some of the empirical evidence of CPT's effectiveness in reducing PTSD.
3. To identify co-morbid psychological disorders, and personality and environmental factors.
4. To describe methods of assessing CPT treatment effectiveness.
5. To implement the CPT standard protocol with individual patients diagnosed with PTSD.

****Free Continuing Education (CE) Credits are available for this 2-day workshop****

See attached CE statement for more information. No partial credit allowed. CME credits are not provided.

CE certificates will be sent by email approximately 4 weeks after the workshop.

CMI charges \$10 to reissue certificates and full price to issue previously unrequested credits.

For specific CE questions, contact Amy Forsberg at aforsberg@cmieducation.org.

Prior to attending this workshop, the CDP strongly encourages you to complete the following two online courses as primers, found at <http://www.deploymentpsych.org/training/online-courses>:

- Cognitive Processing Therapy (CPT) for PTSD in Veterans and Military Personnel
- Epidemiology of PTSD in Military Personnel and Veterans: Working with Service Members and Veterans with PTSD

Click here to register: http://deploymentpsych.org/training/bethesda_cpt_july

Workshop questions? Contact Mr. Micah Norgard at mnorgard@deploymentpsych.org