

Prolonged Exposure Therapy: Putting Techniques into Practice

Half Day Webinars via Adobe Connect
held from 1300-1700 East Coast time

Presented by the Center for Deployment Psychology for mental health providers only.



Courtesy of Center for Deployment Psychology.

This webinar will review key theoretical concepts used in the development of Prolonged Exposure Therapy for PTSD and present more recent work extending our understanding of exposure as a mechanism of change. The trainer will describe specific problems encountered during in vivo and imaginal exposure, and suggest therapeutic responses designed to improve patient response and reduce symptoms.

Learning Objectives:

1. Identify several key psychological processes underlying exposure-based therapy.
2. Translate theoretical concepts underlying exposure therapy into patient friendly language.
3. Describe strategies to address poor or unexpected treatment response to in vivo exposure exercises.
4. Identify strategies to address sub-optimal engagement during imaginal exposure exercises.

****Free Continuing Education (CE) credits are available for these half day webinars****

See attached CE statement for more information. No partial credit allowed. CME credits are not provided.

CE certificates will be sent by email approximately 4 weeks after the webinar.

PESI charges \$10 to reissue certificates and full price to issue previously unrequested credits.

For specific CE questions, contact Bridget Schaub at bschaub@pesi.com.

We are offering three different date options – please choose one registration link:

30 August 2016 from 1300-1700 EST: <http://refr30aug2016pe.eventbrite.com>

8 December 2016 from 1300-1700 EST: <http://refr8dec2016pe.eventbrite.com>

4 April 2017 from 1300-1700 EST: <http://refr4april2017pe.eventbrite.com>

Registration questions? Contact Ms. Kris Hannah at khannah@deploymentpsych.org

