

CENTER FOR DEPLOYMENT PSYCHOLOGY

DEPLOYMENTPSYCH.ORG

THE DEPLOYMENT EXPERIENCE * TRAUMA AND RESILIENCE * STRESS ON MILITARY FAMILIES * REINTEGRATION

STANDARD OFFERINGS

<i>Topics in Deployment Psychology</i>	<i>Evidence-Based Psychotherapies</i>	<i>Addressing the Psychological Health of Warriors and Their Families</i>	<i>University Counseling Center Core Competency (UC4)</i>	<i>Speakers Bureau (In Partnership with Host Organizations)</i>
<p>Explore the unique demands that service members and behavioral health providers experience in combat zones</p> <p>Learn how to identify and address blast-related traumatic brain injuries</p> <p>Examine the impact of deployment and combat stress injuries on service members and their families, with an emphasis on reintegration</p> <p>Learn Cognitive Behavioral Therapy for Insomnia</p> <p>Learn Cognitive Processing Therapy for PTSD</p> <p>Learn Prolonged Exposure Therapy for PTSD</p> <p>8 Days</p>	<p>Improve outcome and patient satisfaction with evidence-based psychotherapies, building on existing clinical skills and consistency of treatment</p> <p>Develop protocol-specific skills that are effective and time-limited in these courses:</p> <p>Cognitive Behavioral Therapy for Insomnia</p> <p>Cognitive Processing Therapy for PTSD</p> <p>Prolonged Exposure for PTSD</p> <p>Assessment and Treatment of Chronic Pain</p> <p>Cognitive Behavioral Therapy for Depression</p> <p>Addressing Suicidal Behavior in the U.S. Military: Strategies for Assessment, Crisis Intervention, and Treatment</p> <p>2-3 Days</p>	<p>Understand military culture and values as they relate to behavioral health concerns</p> <p>Examine risk and resilience factors associated with deployment-related psychological problems</p> <p>Identify the symptoms of and resources for treating blast-related traumatic brain injury</p> <p>Learn to assess and manage depression, suicidal behavior, substance abuse, insomnia, and family dysfunction among military personnel</p> <p>Learn Cognitive Processing Therapy for PTSD or Prolonged Exposure Therapy for PTSD</p> <p>5 Days</p>	<p>Learn about the military culture and its influence on service member and veteran psychology</p> <p>Identify deployment cycle stressors as they impact campus life for students who are service members and veterans</p> <p>Develop outreach strategies for administrative, non-clinical and clinical services</p> <p>Understand symptoms of depression, suicide, deployment-related insomnia, substance abuse, and traumatic brain injury</p> <p>Introduce the cognitive behavioral framework and evidence-based treatments for PTSD</p> <p>1 Day</p>	<p>Bring CDP to your next conference!</p> <p>CDP provides lectures, keynote addresses and clinical workshops for organizations seeking to include military behavioral health presentations in their conferences and continuing education programs.</p> <p>Training is designed to increase awareness of the reintegration and emotional struggles faced by service members, veterans and their families.</p> <p>Presentations can range from a 90 minute speech to a two day workshop and are appropriate for groups of 35 people or more.</p> <div style="text-align: right;">    </div>
<p>For Military Mental Health Providers</p>		<p>For Civilian Mental Health Providers</p>	<p>For University Counselors & Non-Clinical Staff</p>	<p>For Civilian Mental Health Providers</p>

CDP HELPS WARRIORS FULFILL THEIR MISSIONS AND RETURN HOME.

SINCE 2007, CDP HAS TRAINED MORE THAN 20,000 PROVIDERS TO CARE FOR SERVICE MEMBERS, VETERANS AND FAMILIES.

MILITARY COURSES (CEUs Offered for Select Modules)

A Tri-Service Joint Training Environment

- The Deployment Experience
- Cultural Competence When Dealing with a Foreign Culture
- Selected Reserve
- Traumatic Brain Injury
- Ethical Issues in Deployed Settings
- Family and the Deployed Settings
- Identification, Prevention and Treatment of Suicidal Behavior
- Sexual Assault Prevention and Response for Deploying Providers
- Pharmacology in the Deployed Setting
- Provider Sustainment
- Cognitive Processing Therapy for PTSD
- Prolonged Exposure Therapy for PTSD
- Cognitive Behavioral Therapy for Insomnia
- Assessment and Treatment of Chronic Pain in Military Populations

Post-workshop consultation available

Suggested DoD Providers

Psychologists * Social Workers * Psychiatrists * Psychiatric Nurses
Other Healthcare Professionals

“Although PTSD is treatable, we simply do not have enough trained military and civilian clinicians to meet the needs... These (CDP) courses provide solid foundations in that critically important training.”

Congressman Tim Murphy, Pennsylvania
Clinical Psychologist

CIVILIAN COURSES (CEUs Offered)

- Rates of Psychological Health Issues in Military Populations
- Etiology, Assessment and Treatment of Depression
- Overview of Deployment-Related Substance Abuse
- Overview of Evidence-Based Couples Counseling in the Military
- Identification, Prevention and Treatment of Suicidal Behavior
- Traumatic Brain Injury in the Military
- Overview of Insomnia and Deployment-Related Sleep Disturbances
- Cognitive Processing Therapy for PTSD
- Prolonged Exposure Therapy for PTSD

Suggested Civilian Providers

Psychologists * Psychiatrists * Psychiatric Nurses * Social Workers
Marriage and Family Therapists * Licensed Mental Health Counselors
Certified Substance Abuse Counselors * Licensed Pastoral Counselors
Licensed Professional Counselors * University Counseling Center
Clinical Providers

The Center for Deployment Psychology is a tri-service psychology training consortium headquartered at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. As the nation's only federal health sciences university, USU is committed to excellence in military medicine and public health during peace and war.



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