

Addressing the Psychological Health of
Warriors and Their Families
April 3-7, 2017 — Philadelphia Metro Area



Session 1	Day 1
Session 2	Days 2 & 3
Session 3	Days 4 & 5

MONDAY, April 3, 2017

7:30 am – 8:00 am	Check-in and Morning Coffee & Tea
8:00 am – 8:15 am	Welcome and Introductions
8:15 am - 10:15 am	Military Culture: Enhancing Clinical Competence <i>Jeff Cook, PhD</i> <i>CDP, Director of Military Training Programs</i>
10:15 am – 10:30 am	Break
10:30 am – 12:30 pm	The Deployment Cycle and Its Impact on Service Members and Their Families <i>Jeff Cook, PhD</i>
12:30 pm – 1:30 pm	Lunch Break (on your own)
1:30 pm – 2:30 pm	Deployment Cycle (continued)
2:30 pm – 2:45 pm	Break
2:45 pm – 4:15 pm	Military Culture and Deployment History in the Clinical Setting: Interactive Exercises <i>Jeff Cook, PhD</i>
4:15 pm – 4:45 pm	Closing and CE Evaluation

TUESDAY, April 4, 2017

7:45 am – 8:15 am	Check-in and Morning Coffee & Tea
8:15 am – 8:30 am	Welcome and Introductions
8:30 am - 10:30 am	Sleep Disorders: An Overview of Sleep Disorders Common in Military Members <i>Carin Lefkowitz, PsyD</i> <i>CDP, Cognitive Behavior Therapy Trainer</i>
10:30 am – 10:45 am	Break
10:45 am – 12:15 pm	Overview of Traumatic Brain Injury (TBI) in the Military <i>Sara Michelson, PsyD</i> <i>CDP, Deployment Behavioral Health Psychologist</i>
12:15 pm – 1:15 pm	Lunch Break (on your own)
1:15 pm – 2:45 pm	Alcohol and Substance Use within the Military Population <i>Carin Lefkowitz, PsyD</i>
2:45 pm – 3:00 pm	Break
3:00 pm – 4:30 pm	The Unique Challenges of Military Families <i>Sara Michelson, PsyD</i>

WEDNESDAY, April 5, 2017

7:30 am – 8:00 am	Check-in and Morning Coffee & Tea
8:00 am - 10:00 am	Assessment and Treatment of PTSD <i>Sara Michelson, PsyD</i>
10:00 am - 10:15 am	Break
10:15 am - 12:15 pm	Assessment and Treatment of Suicidal Behavior Associated with Military Service: An Overview <i>Sara Michelson, PsyD</i>
12:15 pm – 1:15 pm	Lunch Break (on your own)
1:15 pm – 3:15 pm	Ethical Considerations for Working with Military Members and Veterans <i>Carin Lefkowitz, PsyD</i>
3:15 pm – 3:30 pm	Break
3:30 pm – 4:30 pm	Ethical Considerations (continued)
4:30 pm – 5:00 pm	Closing and CE Evaluation

THURSDAY, April 6, 2017

7:30 am – 7:45 am	Check-in and Morning Coffee & Tea
7:45 am – 8:00 am	Welcome and Introductions
8:00 am - 12:00 pm	Cognitive Behavioral Therapy for Depression (CBT-D) <i>Matthew Sacks, PhD</i> <i>CDP, Assistant Director of Strategic Growth and Research</i>
12:00 pm – 1:00 pm	Lunch Break (on your own)
1:00 pm – 4:30 pm	CBT-D (continued)

FRIDAY, April 7, 2017

7:30 am – 8:00 am	Check-in and Morning Coffee & Tea
8:00 am - 12:00 pm	CBT-D (continued)
12:00 pm – 1:00 pm	Lunch Break (on your own)
1:00 pm – 4:30 pm	CBT-D (continued)
4:30 pm – 4:45 pm	Closing and CE Evaluation

Speakers and schedule subject to change