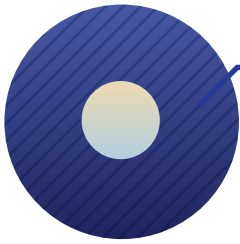


MENTAL HEALTH IMPACT OF CHRONIC PAIN (CP) AMONG MILITARY CONNECTED PATIENTS

CHRONIC PAIN



3x
Incidence rates of chronic pain in the military more than tripled from 2007 to 2014²



70%
of medically non-deployable population is due to musculoskeletal injuries; accounting for 10 million limited duty days each year³



20.4%

civilian adults with chronic pain

VS



29.1%

veterans/service members with chronic pain¹



Up to
50%
patients with CP have depression⁴



Those with chronic pain were
3x more
likely to have been diagnosed with a sleep order⁶



Pain patients have
2.11x
rate of current suicidal ideation



Pain patients have
2.6x
rate of current plan for suicide



Pain patients have
2.54x
rate of a recent suicide attempt⁵

1. Zelaya CE, Dahlhamer JM, Lucas JW, Connor EM. Chronic pain and high-impact chronic pain among U.S. adults, 2019. NCHS Data Brief, no 390. Hyattsville, MD: National Center for Health Statistics. 2020.

2. A burden and prevalence analysis of chronic pain by distinct case definitions among active duty U.S. military service members, 2018. Pain Physician 23: E429-E439.

3. Department of Army 2017 Health of Force Report.

4. Institute of Medicine 2011. Relieving Pain in America: A Blueprint for Transforming Prevention, Care, Education, and Research. Washington, DC: The National Academies Press. <https://doi.org/10.17226/13172>.

5. Calati, R., Bakhiyi, C.L., Artero, S., Ilgen, M., & Courtet, P. (2015). The impact of physical pain on suicidal thoughts and behaviors: meta-analyses. Journal of Psychiatric Research, 71, 16-32. doi: 10.1016/j.jpsychires.2015.09.004

6. NSF

CDP



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