

Tier 1	Day 1
Tier 2	Days 2 & 3
Tier 3	Days 4 & 5

MONDAY, March 21, 2016

7:30 am – 8:00 am	Check-in and Morning Coffee/Tea
8:00 am – 8:15 am	Welcome, Introductions, and Pre-Training Assessment
8:15 am - 10:00 am	Military Culture: Enhancing Clinical Competence <i>Michael Jones, PhD</i> <i>CDP, Deployment Behavioral Health Psychologist</i>
10:00 am – 10:15 am	Break
10:15 am – 12:00 pm	The Deployment Cycle and Its Impact on Service Members and Their Families <i>Michael Jones, PhD</i>
12:00 pm – 1:30 pm	Lunch Break (on your own)
1:30 pm – 2:30 pm	Deployment Cycle (continued)
2:30 pm – 2:45 pm	Break
2:45 pm – 4:45 pm	Assessment and Treatment of PTSD <i>Sharon Birman, PsyD</i> <i>CDP, Cognitive Behavior Therapy Trainer</i>
4:45 pm – 5:00 pm	Closing, Post-Training Survey, and CE Evaluation

TUESDAY, March 22, 2016

7:30 am – 8:00 am	Check-in and Morning Coffee/Tea
8:00 am – 8:30 am	Welcome, Introductions, and Pre-Training Assessment
8:30 am - 10:30 am	Sleep Disorders: An Overview of Sleep Disorders Common in Military Members <i>Michael Jones, PhD</i>
10:30 am – 10:45 am	Break
10:45 am – 12:45 pm	Overview of Traumatic Brain Injury (TBI) in the Military <i>Sharon Birman, PsyD</i>
12:45 pm – 1:45 pm	Lunch Break (on your own)
1:45 pm – 3:15 pm	Alcohol and Substance Use within the Military Population <i>Michael Jones, PhD</i>
3:15 pm – 3:30 pm	Break
3:30 pm – 5:00 pm	Understanding and Treating the Psychological Impact of Sexual Assault in the United States Military <i>Sharon Birman, PsyD</i>

WEDNESDAY, March 23, 2016

7:30 am – 8:00 am	Check-in and Morning Coffee/Tea
8:00 am - 9:30 am	Assessment and Treatment of Depression and Suicidal Behavior Associated with Military Service: An Overview <i>Sharon Birman, PsyD</i>
9:30 am - 9:45 am	Break
9:45 am – 10:45 am	Assessment and Treatment of Depression and Suicidal Behavior (continued)
10:45 am – 12:15 pm	The Unique Challenges of Military Families <i>Marjorie Weinstock, PhD</i> <i>Lead, Military Families & CBT for Depression</i>
12:15 pm – 12:30 pm	Case Study Wrap-Up
12:30 pm – 1:30 pm	Lunch Break (on your own)
1:30 pm – 3:30 pm	Ethical Considerations for Working with Military Members and Veterans <i>Michael Jones, PhD</i>
3:30 pm – 3:45 pm	Break
3:45 pm – 4:45 pm	Ethical Considerations (continued)
4:45 pm – 5:00 pm	Closing, Post-Training Survey, and CE Evaluation

THURSDAY, March 24, 2016

7:15 am – 7:30 am	Check-in and Morning Coffee/Tea
7:30 am – 8:00 am	Welcome, Introductions, and Pre-Training Assessment
8:00 am - 11:45 am	Cognitive Behavioral Therapy for Depression (CBT-D) <i>Marjorie Weinstock, PhD</i>
11:45 am – 1:00 pm	Lunch Break (on your own)
1:00 pm – 4:45 pm	CBT-D (continued)

FRIDAY, March 25, 2016

7:30 am – 8:00 am	Check-in and Morning Coffee/Tea
8:00 am - 11:45 am	CBT-D (continued)
11:45 am – 1:00 pm	Lunch Break (on your own)
1:00 pm – 4:45 pm	CBT-D (continued)
4:45 pm – 5:00 pm	Closing, Post-Training Survey, and CE Evaluation

Speakers and schedule subject to change