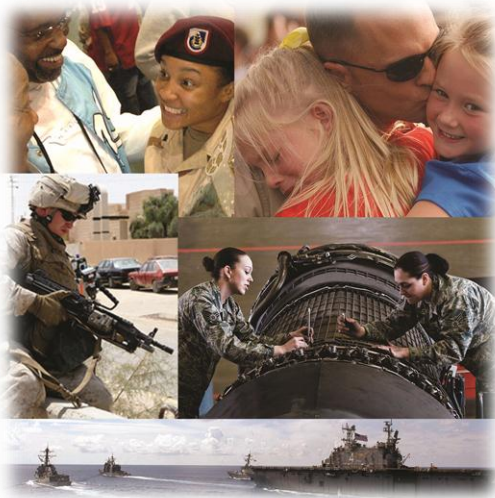




**CENTER FOR  
DEPLOYMENT PSYCHOLOGY**  
*Preparing Professionals to Support Warriors and Families*



# Addressing the Psychological Health of Warriors and Their Families

*A Center for Deployment Psychology  
Civilian Training Program*

**September 15-19, 2014  
Portland, Oregon Metro Area**

Armed Forces Readiness Center

Camp Withycombe

15300 SE Minuteman Way

Clackamas, OR 97015

The Center for Deployment Psychology (CDP) is a tri-service psychology training consortium headquartered at the Uniformed Services University of the Health Sciences (USU) in Bethesda, Maryland. As the Nation's only federal health sciences university, USU is committed to excellence in military medicine and public health during peace and war.

## TRAINING GOALS:

- Describe military terminology and operations and examine military culture and values as they relate to military behavioral health
- Identify several stressors faced by service members and their families before, during, and after deployment
- Understand the scope of depression and suicide as military health problems
- Review empirically-supported and promising treatments used to treat depression and suicidal ideation and behavior, and their use with military veterans
- Develop initial skills for sleep disorder assessment including the use of retrospective, prospective and objective sleep measures
- Identify risk and resiliency factors in military families
- Identify and discuss ethical challenges facing clinicians working with service members and veterans
- Become familiar with the epidemiological evidence describing alcohol and drug use disorders in the U.S. civilian and military populations, including active duty service members and veterans
- Identify the symptoms and rates of blast-related traumatic brain injury (TBI) and outline treatment resources
- Summarize and apply the skills of Cognitive Processing Therapy (CPT) to treat combat-related PTSD
- Identify military sexual assault (MSA) in clinical settings

**Registration Fee: \$95**  
**Seating is Limited. Register Early.**

**This fee is charged regardless of the  
number of sessions attended**

*"Overall I have to say the training was one of the best in my career. The Center for Deployment Psychology faculty really do an excellent job!" – Salt Lake City, UT*

*"Excellent, highly applicable training providing the tools necessary to conduct cutting-edge treatment for this most deserving population. Thank you." – Madison, WI*

**FOR ADDITIONAL INFORMATION AND TO REGISTER:**  
[www.deploymentpsych.org/training/civilian/portland-or-metro-area](http://www.deploymentpsych.org/training/civilian/portland-or-metro-area)

**FOR QUESTIONS CONTACT:**

Ms. Hakimah Campbell

[oneweektraining@deploymentpsych.org](mailto:oneweektraining@deploymentpsych.org)



Addressing the Psychological Health of  
Warriors and Their Families  
September 15-19, 2014 – Portland, OR Metro Area



**MONDAY, September 15, 2014**

CDP DAY HOST: Jenna Ermold, PhD	
7:30 am – 8:00 am	<b>Check-in and Morning Coffee &amp; Tea</b>
8:00 am – 8:15 am	<b>Welcome, Introduction, and Orientation</b>
8:15 am - 10:00 am	<b>Session 1 – Military Culture and Terminology: Enhancing Clinical Competence</b> <i>Jenna Ermold, PhD</i> <i>CDP, Lead, e-Learning Strategies</i> (Auditorium)
10:00 am – 10:15 am	<b>Break</b>
10:15 am – 12:00 pm	<b>Session 2 – The Deployment Cycle and Its Impact on Service Members and Their Families</b> <i>Heather Anson, PhD</i> <i>CDP, Deployment Behavioral Health Psychologist</i> (Auditorium)
12:00 pm – 1:30 pm	<b>Lunch Break (on your own)</b>
1:30 pm – 2:30 pm	<b>Session 2 (continued)</b>
2:30 pm – 2:45 pm	<b>Break</b>
2:45 pm – 4:45 pm	<b>Session 3 – The Unique Challenges of Military Families</b> <i>Kevin Holloway, PhD</i> <i>CDP, Assistant Director, Online Programs</i> (Auditorium)

**TUESDAY, September 16, 2014**

CDP DAY HOST: Kevin Holloway, PhD	
7:30 am – 8:00 am	<b>Check-in and Morning Coffee &amp; Tea</b>
8:00 am - 10:00 am	<b>Session 4 – Overview of Traumatic Brain Injury (TBI) in the Military</b> <i>Kevin Holloway, PhD</i> (Auditorium)
10:00 am – 10:15 am	<b>Break</b>
10:15 am – 12:15 pm	<b>Session 5 – Alcohol and Drug Use in Military Veterans</b> <i>Jenna Ermold, PhD</i> (Auditorium)
12:15 pm – 1:45 pm	<b>Lunch Break (on your own)</b>
1:45 pm – 3:15 pm	<b>Session 6 – Assessment and Treatment of Depression and Suicidal Behavior Associated with Military Service: An Overview</b> <i>Heather Anson, PhD</i> (Auditorium)
3:15 pm – 3:30 pm	<b>Break</b>
3:30 pm – 4:45 pm	<b>Session 6 (continued)</b>

## WEDNESDAY, September 17, 2014

CDP DAY HOST: Kevin Holloway, PhD	
7:30 am – 8:00 am	<b>Check-in and Morning Coffee &amp; Tea</b>
8:00 am - 9:30 am	<b>Session 7 – Ethical Considerations for Working with Military Members and Veterans</b> <i>Debra Nofziger, PsyD</i> <i>CDP, Deployment Behavioral Health Psychologist</i> (Auditorium)
9:30 am – 9:45 am	<b>Break</b>
9:45 am – 11:15 am	<b>Session 7 (continued)</b>
11:15 am – 12:30 pm	<b>Lunch Break (on your own)</b>
12:30 pm – 2:30 pm	<b>Session 8 – Sleep Disorders: An Overview of Sleep Disorders Common in Military Members</b> <i>Jenna Ermold, PhD</i> (Auditorium)
2:30 pm – 2:45 pm	<b>Case Study Wrap-Up</b>
2:45 pm – 3:00 pm	<b>Break</b>
3:00 pm – 5:00 pm	<b>Session 9 – Sexual Assault in the United States Military</b> <i>Kevin Holloway, PhD</i> (Auditorium)

## THURSDAY & FRIDAY, September 18-19, 2014

CDP DAY HOST: Debra Nofziger, PsyD	
7:30 am – 8:00 am	<b>Check-in and Morning Coffee &amp; Tea</b>
8:00 am - 11:45 am	<b>Session 10 – Evidence-Based Treatment for PTSD: Cognitive Processing Therapy (CPT)</b> <i>Debra Nofziger, PsyD</i> (Auditorium)
11:45 am – 1:00 pm	<b>Lunch Break (on your own)</b>
1:00 pm – 4:45 pm	<b>Session 10 (continued)</b>

Speakers and schedule subject to change

### ELIGIBLE PARTICIPANTS:

This course is designed for civilian licensed mental health providers including psychologists, social workers, psychiatrists, and marriage & family therapists who are actively treating military personnel, veterans, and their families. Active duty mental health providers interested in attending this course should contact the CDP to inquire about trainings designed specifically for them. **While we recognize that many individuals may be interested in attending this course, the material is not designed for, and may not be appropriate for, non-professionals and those who are not working with this population.**

Participants are encouraged to attend the entire one-week program in order to receive comprehensive training for working with the military/veteran population. However, participants can select to attend specific sessions within their chosen track for which separate CE credits will be provided.

### CONTINUING EDUCATION (CE) INFORMATION:

CE accreditation is provided by PESI, Inc. for this one-week training. Please carefully read the information provided by PESI, Inc. (found under the *Continuing Education Information* tab on the registration website) to learn more about CE credits and the disciplines covered. After reading this information, if you still have specific questions about CE credits, please contact Dawn Messing directly at [dmessing@pesi.com](mailto:dmessing@pesi.com).

