



Center for Deployment Psychology

# SPEAKERS BUREAU

Bridging civilian providers and the military community

The Center for Deployment Psychology (CDP) Speakers Bureau provides lectures, keynote addresses and clinical workshops to organizations seeking to include military behavioral health presentations in their conferences and continuing education programs. Nationally recognized training based on culturally-sensitive curriculum is offered to increase mental health providers' awareness of the reintegration and emotional struggles Service members, Veterans and their families face. Evidence-based psychotherapies to address these concerns are also introduced. CDP Speakers Bureau programs are appropriate for groups of 35 people or more who serve the mental health needs of military and Veteran communities.

## Bring CDP to your next conference

- Keynote speakers
- Workshop presentations
- Experts for panel discussions and symposia
- Custom packages



Center for Deployment Psychology  
[www.deploymentpsych.org](http://www.deploymentpsych.org)

*"The trainer was amazing at providing the material in an interesting and engaging manner. I especially appreciated how specific the materials were to working with the military."*

*APA Workshop Participant*

*"Essential offering in these times of challenging conflicts and engagements of our Armed Forces all over the globe."*

*Military Psychology Workshop Participant*

## TYPES OF PARTICIPATING ORGANIZATIONS

- Annual conferences for behavioral health providers
- State professional organizations
- Disaster relief organizations
- Private hospitals specializing in military populations
- Organizations serving military families
- Law enforcement agencies



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SCAN TO  
VIEW EVENTS



## POPULAR WORKSHOPS

### INTRODUCTION TO MILITARY CULTURE AND THE DEPLOYMENT CYCLE

Often known as "Military 101," this training offers an overview of military culture, structure, core values, branches of the service, mission, and distinctions between the active and reserve components. An introduction to the unique experiences of Service members and their families across the deployment cycle is also provided.

### SLEEP PROBLEMS: THE BASICS OF ASSESSMENT AND TREATMENT

A common clinical concern for Service members and Veterans, this module presents psychoeducation on the architecture of sleep. The focus of this workshop is on clinical strategies and interventions for assessing and treating sleep problems, including chronic, deployment-related insomnia.

### PTSD: ETIOLOGY, ASSESSMENT AND TREATMENT

The prevalence of traumatic exposure and PTSD in Service members as well as factors that can affect trauma recovery are reviewed. Frequently used tools for assessing PTSD are described, as well as considerations specific to military populations. Evidence-Based Psychotherapies (EBPs) for PTSD are summarized.

### SUICIDE IN MILITARY POPULATIONS

Rates of suicide, risk and protective factors, and pathways leading to suicidal behavior for military personnel and Veterans are reviewed. Suicide prevention strategies are outlined, with specific focus on military suicide prevention initiatives.

**Please contact us for other workshop options.**



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The Center for Deployment Psychology is a tri-service consortium headquartered at the Uniformed Services University of the Health Sciences (USU) in Bethesda, MD. As the nation's only federal health sciences university, USU is committed to excellence in military medicine and public health during peace and war.