

MILITARY AND VETERAN BEHAVIORAL HEALTH POST-MASTER'S CERTIFICATE PROGRAM

Since 2001, the United States has deployed more than 2 million military personnel in support of the wars in Iraq and Afghanistan. Upon their return, a significant portion—approximately 20%— of deployed personnel will struggle with mental health problems including PTSD, TBI, depression and suicidal thoughts. Readjustment and relationship challenges with family members are not uncommon. Identifying and tackling combat stress injuries and reintegration difficulties early is vital for overcoming them, yet few US graduate programs offer intensive training on how to provide quality care for this population. The Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences (USUHS) in collaboration with Widener University has established a Military and Veteran Behavioral Health Certificate Program to teach best clinical practices to mental health professionals for addressing the psychological health needs of military personnel, veterans and their families. This program is one of the nation's few military certificate programs for treating this population.

WHO SHOULD ENROLL

The Military and Veteran Behavioral Health Post-Master's Certificate Program is for civilian mental health professionals with at least a master's degree who are actively treating, or plan to treat, the military/veteran population. The course material is not designed for, and may not be appropriate for, non-professionals and those who are not working with the military/veteran community.

REQUIRED WORKSHOPS

- I. Military Culture and Terminology: Enhancing Clinical Competence
- II. The Deployment Cycle and Its Impact on Service members and Their Families
- III. The Unique Challenges of Military Families
- IV. Sleep Disorders: An Overview of Sleep Disorders Common in Military Members
- V. Overview of Traumatic Brain Injury in the Military
- VI. Alcohol and Drug Use in Military Veterans
- VII. Ethical Considerations for Working with Military Members and Veterans
- VIII. Sexual Assault in the U.S. Military
- IX. Assessment and Treatment of Depression and Suicidal Behavior Associated with Military Deployment: An Overview
- X. Evidence-Based Treatment for PTSD: Cognitive Processing Therapy (CPT)

TESTIMONIALS

"I thought the program was well thought out and executed. The staff was terrific and quite knowledgeable."

"Very well prepared and very insightful. Great use of resources."

"All were very good! Really enjoyed the training on how to provide treatment (sleep disturbance and PE)"

"CDP presenters were excellent - so knowledgeable."

"Very knowledgeable and extremely professional, and they really took time to answer all of the students' questions."

Amazing job, you all are masters of your trade."

Program Format and Benefits

- 40 CE credits of approved workshop hours
- Attendance required at all 10 training sessions
- Certificate in Military and Veteran Behavioral Health awarded by Widener University upon completion

2016 Dates and Location

March 11-12 • April 1-2 • April 22-23
Widener University
Osher Lifelong Learning Institute
825 Springdale Drive
Exton, PA 19341



mvbh2016.eventbrite.com

For more information about program costs and registration, please contact
Karly Siffin at ClinicalPsychologyPGC@mail.widener.edu.
To learn more about the curriculum, please contact the Center for Deployment
Psychology at pdomenici@deploymentpsych.org.

