



Addressing the Psychological Health of Warriors and Their Families

13 – 17 September 2010

**Naval Air Facility
Atsugi, Japan**

13 September: Cinema 77

14 – 17 September: MWR Training Room, Bldg 978

There is no registration fee to attend this course. Continuing education credits and copies of presentations will be provided for each module.

TRAINING GOALS:

- Examine how stages of the deployment cycle impact service members and their families and ways to build resilience
- Learn cognitive-behavioral strategies for identifying, treating, and preventing suicidal behavior in service members
- Review the application of empirically-validated measures and treatments for depression using military examples
- Better understand the etiology of PTSD and its comorbid problems particularly within the context of war
- Enhance knowledge of "gold standard" measures and tools for assessing PTSD in service members
- Learn the skills and protocol of Cognitive Processing Therapy (CPT)
- Identify symptoms, mechanisms, levels of severity, and rates of traumatic brain injury (TBI) in service members
- Become familiar with guidelines, resources, and services for military personnel with TBI and their families
- Increase knowledge about the prevalence and kinds of sleep problems experienced by military personnel and review cognitive-behavioral strategies and interventions to assist them with sleep problems

ELIGIBLE PARTICIPANTS:

This course is designed for civilian and military licensed mental health providers including psychologists, social workers, psychiatrists, and marriage family therapists who are actively treating military personnel, veterans, and their families. Clinical providers are encouraged to attend the entire one-week conference in order to receive comprehensive training for working with the military/veteran population. However, participants can select to attend specific lectures for which separate CE credits will be provided.

Non-clinical personnel, including Chaplains, Command Individual Augmentee Coordinators (CIACs), Installation Independent Deployment Support Specialists (IDSS) and Ombudsmen are encouraged to attend the full first day of training.

CONTINUING EDUCATION (CE) INFORMATION:

CE accreditation is provided by PESI, LLC for this one-week training. Please carefully read the information provided by PESI, LLC (found on the registration website) to learn more about CE credits and the disciplines covered. After reading this information, if you still have specific questions about CE credits, contact Marcy Koopman directly at mkoopman@pesi.com.

FOR MORE INFORMATION AND TO REGISTER:

Please go to:

www.cnic.navy.mil/Atsugi/Departments/FFSC/index.htm

and click on "Register for Classes" in the middle of the page.

For questions, please contact:

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Monday, 13 September 2010 – Cinema 77

Welcome	0815 - 0830	
Introduction and Agenda	0830 – 0845	
Deployment Stressors and the Impact on Service Members and Families <i>Ted C. Bonar, PsyD, Curriculum Content Coordinator</i> <i>Anthony McCormick, PhD, Deployment Behavioral Health Psychologist</i> <i>Center for Deployment Psychology</i>	0845 - 1230	CE Session
Lunch Break	1230 – 1330	
Behavioral Health Services and Deployment: A Service Member Panel Discussion <i>William Brim, PsyD - Moderator</i> <i>Deputy Director, Licensed Health Psychologist</i> <i>Center for Deployment Psychology</i>	1330 – 1500	
Consultation in Practice: Exercise and Application <i>William Brim, PsyD - Leader</i>	1515 – 1630	

Tuesday, 14 September 2010 – MWR Training Room, Bldg 978

Assessment and Treatment of Sleep Disturbance Associated with Deployment <i>William Brim, PsyD</i>	0800 – 1200	CE Session
Lunch Break	1200 – 1300	
Etiology Assessment, and Treatment of Depression <i>Anthony McCormick, PhD</i>	1300 – 1430	CE Session
Identification, Prevention, and Treatment of Suicidal Behavior <i>Anthony McCormick, PhD</i>	1445 – 1700	CE Session

Wednesday, 15 September 2010 – MWR Training Room, Bldg 978

Etiology of PTSD <i>Priscilla Schulz, LCSW</i> <i>Senior PTSD Treatment Trainer</i> <i>Center for Deployment Psychology</i>	0830 – 1045	CE Session
Assessment of PTSD <i>Priscilla Schulz, LCSW</i>	1100 – 1200	CE Session
Lunch Break	1200 – 1300	
Traumatic Brain Injury <i>Michael Wilmore, MPAS, PA-C</i> <i>Defense Veterans Brain Injury Center</i>	1300 – 1700	CE Session

Thursday, 16 September – Friday, 17 September 2010 – MWR Training Room, Bldg 978

Evidence-Based Treatment for PTSD – Cognitive Processing Therapy (CPT)

Priscilla Schulz, LCSW
Senior PTSD Treatment Trainer
Center for Deployment Psychology

Schedule, each day:

Morning Session	0800 – 1200	CE Session
Lunch	1200 – 1300	(CPT is a complete
Afternoon Session	1300 – 1630	two-day CE session)

*CE Credits are provided by PESI, LLC and are calculated according to total minutes of lecture time and as determined by professional and state regulations. More information can be found on the registration website and will be provided at the event.