



## **Addressing the Psychological Health of Warriors and Their Families**

**October 4 - 8, 2010  
Minneapolis, MN**

### **Doubletree Hotel Minneapolis-Park Place**

1500 Park Place Blvd., Minneapolis, MN 55416

Tel: 1-952-542-8600 Fax: 1-952-542-8063

**There is a fee of \$75 to attend this course, regardless of length of attendance.** This fee covers course materials, continuing education credits for each module, and a daily continental breakfast.

#### **TRAINING GOALS:**

- Increase clinical competency for service members with behavioral health problems through better understanding of military terminology and culture
- Examine how stages of the deployment cycle impact service members and their families and ways to build resilience
- Learn cognitive-behavioral strategies for identifying, treating, and preventing suicidal behavior in service members
- Review the application of empirically-validated measures and treatments for depression using military examples
- Better understand the etiology of PTSD and its comorbid problems particularly within the context of war
- Enhance knowledge of "gold standard" measures and tools for assessing PTSD in service members
- Increase knowledge about the prevalence and kinds of sleep problems experienced by military personnel and review cognitive-behavioral strategies and interventions to assist them with sleep problems
- Identify symptoms, mechanisms, levels of severity, and rates of traumatic brain injury (TBI) in service members
- Become familiar with guidelines, resources, and services for military personnel with TBI and their families
- Learn the skills and protocol of Prolonged Exposure Therapy (PE)

Participants are encouraged to attend the entire one-week conference in order to receive comprehensive training for working with the military/veteran population. However, participants can select to attend specific lectures for which separate CE credits will be provided.

#### **ELIGIBLE PARTICIPANTS:**

This course is designed for civilian licensed mental health providers including psychologists, social workers, psychiatrists, and marriage family therapists who are actively treating military personnel, veterans, and their families. Active duty mental health providers interested in attending this course should contact the Center for Deployment Psychology to inquire about trainings designed specifically for them. While we recognize that many individuals may be interested in attending this course, the material is not designed for, and may not be appropriate for, non-professionals and those who are not working with this population.

#### **CONTINUING EDUCATION (CE) INFORMATION:**

CE accreditation is provided by PESI, LLC for this one-week training. Please carefully read the information provided by PESI, LLC (found under the *Continuing Education Information* tab on the registration website) to learn more about CE credits and the disciplines covered. After reading this information, if you still have specific questions about CE credits, contact Marcy Koopman directly at [mkoopman@pesi.com](mailto:mkoopman@pesi.com).

#### **FOR MORE INFORMATION AND TO REGISTER:**

<http://www.hjf.org/events/cdp-minneapolis.html>

#### **FOR FURTHER QUESTIONS PLEASE CONTACT:**

Linda Grill  
Administrative Assistant, Projects and Grants  
[cdp@usuhs.mil](mailto:cdp@usuhs.mil)  
[www.deploymentpsych.org](http://www.deploymentpsych.org)



# Addressing the Psychological Health of Warriors and Their Families

October 4 - 8, 2010 – Minneapolis – St. Paul Metro Area



## Monday, October 4, 2010

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<b>Check-in and Continental Breakfast</b>	7:30am – 8:30am	
<b>Welcome &amp; Introduction</b> <i>Ted C. Bonar, PsyD</i> <i>Curriculum Content Coordinator, Center for Deployment Psychology</i>	8:30am – 8:45am	
<b>Military Culture and Terminology</b> <i>Debra Nofziger, PhD</i> <i>Center for Deployment Psychology, Deployment Behavioral Health Psychologist</i>	8:45am – 11:15am	CE Session
<b>Lunch Break</b>	11:15am – 12:15pm	
<b>The Deployment Cycle and Its Impact on Service Members and Families</b> <i>Ted C. Bonar, PsyD</i>	12:15pm – 4:45pm	CE Session

## Tuesday, October 5, 2010

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<b>Check-in and Continental Breakfast</b>	7:30am – 8:00am	
<b>Etiology, Assessment, and Treatment of Depression</b> <i>Debra Nofziger, PhD</i>	8:00am – 9:30am	CE Session
<b>Identification, Prevention, and Treatment of Suicidal Behavior</b> <i>Debra Nofziger, PhD</i>	9:45am – 12:00am	CE Session
<b>Lunch Break</b>	12:00pm – 1:00pm	
<b>Etiology of PTSD</b> <i>Ted C. Bonar, PsyD</i>	1:00pm – 3:15pm	CE Session
<b>Assessment of PTSD</b> <i>Paula Domenici, PhD</i> <i>Head, Division of Training Programs, Center for Deployment Psychology</i>	3:30pm – 4:30pm	CE Session

## Wednesday, October 6 – Thursday, October 7, 2010

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### **Evidence-Based Treatment for PTSD: Prolonged Exposure Therapy (PE)**

*Paula Domenici, PhD*  
*William Brim, PsyD*  
*Center for Deployment Psychology, Deputy Director, Licensed Health Psychologist*

*Schedule, each day:*

Check-in and Continental Breakfast	7:30am – 8:00am	
Morning Session	8:00am – 12:00pm	CE Session
Lunch	12:00pm – 1:00pm	(PE is a complete
Afternoon Session	1:00pm – 4:30pm	two-day CE session)

## Friday, October 8, 2010

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<b>Check-in and Continental Breakfast</b>	7:30am – 8:00am	
<b>Assessment and Treatment of Sleep Disturbance Associated with Deployment</b> <i>William Brim, PsyD</i>	8:00am – 12:00pm	CE Session
<b>Traumatic Brain Injury (TBI)</b> <i>Michael Wilmore, MPAS, PA-C, Defense Veterans Brain Injury Center</i>	1:00pm – 5:00pm	CE Session

\*CE Credits are provided by PESI, LLC and are calculated according to total minutes of lecture time and as determined by professional and state regulations. More information can be found on the registration website and will be provided at the event.

\*\*Speakers and schedule subject to change.