



## Addressing the Psychological Health of Warriors and Their Families

**August 2 - 6, 2010  
Lawrence, KS**

The Oread, 1200 Oread Avenue  
Lawrence, KS 66044  
www.theoread.com  
(785) 843-1200

**There is a fee of \$75 to attend this course, regardless of length of attendance.** This fee covers course materials, continuing education credits for each module, and a daily continental breakfast.

### **TRAINING GOALS:**

- Increase clinical competency for service members with behavioral health problems through better understanding of military terminology and culture
- Examine how stages of the deployment cycle impact service members and their families and ways to build resilience
- Learn cognitive-behavioral strategies for identifying, treating, and preventing suicidal behavior in service members
- Review the application of empirically-validated measures and treatments for depression using military examples
- Better understand the etiology of PTSD and its comorbid problems particularly within the context of war
- Enhance knowledge of "gold standard" measures and tools for assessing PTSD in service members
- Learn the skills and protocol of Prolonged Exposure Therapy (PE)
- Identify symptoms, mechanisms, levels of severity, and rates of traumatic brain injury (TBI) in service members
- Become familiar with guidelines, resources, and services for military personnel with TBI and their families

Participants are encouraged to attend the entire one-week conference in order to receive comprehensive training for working with the military/veteran population. However, participants can select to attend specific lectures for which separate CE credits will be provided.

### **ELIGIBLE PARTICIPANTS:**

This course is designed for civilian licensed mental health providers including psychologists, social workers, psychiatrists, and marriage family therapists who are actively treating military personnel, veterans, and their families. Active duty mental health providers interested in attending this course should contact the Center for Deployment Psychology to inquire about trainings designed specifically for them. While we recognize that many individuals may be interested in attending this course, the material is not designed for, and may not be appropriate for, non-professionals and those who are not working with this population.

### **CONTINUING EDUCATION (CE) INFORMATION:**

CE accreditation is provided by PESI, LLC for this one-week training. Please carefully read the information provided by PESI, LLC (found under the *Continuing Education Information* tab on the registration website) to learn more about CE credits and the disciplines covered. After reading this information, if you still have specific questions about CE credits, contact Marcy Koopman directly at [mkoopman@pesi.com](mailto:mkoopman@pesi.com).

### **FOR MORE INFORMATION AND TO REGISTER:**

Go to: <http://www.hjf.org/events/cdp-kansas.html>

### **FOR FURTHER QUESTIONS PLEASE CONTACT:**

Linda Grill  
Administrative Assistant, Projects and Grants  
[cdp@usuhs.mil](mailto:cdp@usuhs.mil)  
[www.deploymentpsych.org](http://www.deploymentpsych.org)





## Addressing the Psychological Health of Warriors and Their Families: PTSD, Depression, and TBI

August 2 – 6, 2010 – Lawrence, KS

### Monday, August 2, 2010

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<b>Welcome &amp; Introduction</b> <i>Ted C. Bonar, PsyD Curriculum Content Coordinator Center for Deployment Psychology</i>	8:30am – 8:45am	
<b>Military Culture and Terminology</b> <i>Regina Shillinglaw, PhD Deployment Behavioral Health Psychologist Wright-Patterson Air Force Base, Dayton, OH Center for Deployment Psychology</i>	8:45am – 11:15am	CE Session
<b>Lunch Break</b>	11:15am – 12:15pm	
<b>The Deployment Cycle and Its Impact on Service Members and Families</b> <i>Ted C. Bonar, PsyD</i>	12:15pm – 4:45pm	CE Session

### Tuesday, August 3, 2010

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<b>Etiology Assessment, and Treatment of Depression</b> <i>Regina Shillinglaw, PhD</i>	8:00am – 9:30am	CE Session
<b>Identification, Prevention, and Treatment of Suicidal Behavior</b> <i>Regina Shillinglaw, PhD</i>	9:45am – 12:00am	CE Session
<b>Lunch Break</b>	12:00pm – 1:00pm	
<b>Etiology of PTSD</b> <i>David Riggs, PhD Executive Director Center for Deployment Psychology</i>	1:00pm – 3:15pm	CE Session
<b>Assessment of PTSD</b> <i>Dr. David Riggs</i>	3:30pm – 4:30pm	CE Session

### Wednesday, August 4 – Thursday, August 5, 2010

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**Assessment and Empirically-Validated Treatment for PTSD  
Prolonged Exposure Therapy (PE)**  
*David Riggs, PhD  
Paula Domenici, PhD  
Head, Division of Training Programs  
Center for Deployment Psychology*

*Schedule, each day:*

Morning Session	8:00am – 12:00pm	CE Session
Lunch	12:00pm – 1:00pm	(PE is a complete
Afternoon Session	1:00pm – 4:30pm	two-day CE session)

### Friday, August 6, 2010

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<b>Traumatic Brain Injury (TBI)</b> <i>Michael Wilmore, MPAS, PA-C Defense Veterans Brain Injury Center</i>	8:00am – 12:00pm	CE Session
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\*CE Credits are provided by PESI, LLC and are calculated according to total minutes of lecture time and as determined by professional and state regulations. More information can be found on the registration website and will be provided at the event.

\*\*Speakers and schedule subject to change.