



Pain Interview (note: this interview only assesses pain and should be followed by a standard psychological assessment).

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Referral Source: \_\_\_\_\_

Primary Pain Location: \_\_\_\_\_

Pain Level (Scale: 0 = No pain, 10 = worst pain imaginable): \_\_\_\_ Current

(within the last 2 weeks) \_\_\_\_ Average \_\_\_\_ Least \_\_\_\_ Worst

Descriptors (Dull, burning, stabbing, etc): \_\_\_\_\_

Date of onset: \_\_\_\_\_ Precipitating Event: \_\_\_\_\_

Past treatments Received and Effectiveness:

Current Treatment Plan:

Current Pain Medications, Effectiveness, and Side Effects:

If patient is taking opioid medications, assess for abuse/dependence:

How long taking?      Who prescribes?      Ever take more than prescribed dose?

Ever mix with ETOH, sleeping meds, or anti-anxiety meds?

Ever taken pain meds not prescribed to you?      Ever run out early?      Tolerance?      Withdrawal?

Has anyone expressed concern about meds?

Do you think you have a problem with meds?

How do you feel about the medical care you have been receiving for your pain?

How often do you visit the ER for uncontrollable pain?

What have you been told is the cause of your pain?

Do you agree with that, or do you think/wonder if something else is causing it?

How hopeful are you that your pain is going to improve?

What level of improvement would you consider satisfactory (e.g., no pain at all, pain that would allow to continue with job, pain that could be managed without medication)?



Have you noticed any patterns to the pain?

What makes it increase?

If patient does not mention stress/emotional factors, ask "Have you noticed that stress makes the pain worse?"

What (besides medication) makes it better?

How does pain affect:

Job (including duty status if AD):

Exercise (including physical training and physical fitness tests if AD):

Home responsibilities:

Leisure/fun activities:

Intimacy:

Weight (include if pt is still within military standards if AD):

Concentration/Memory:

Sleep:

What helps you cope with your pain?

How do people at work respond when your pain is high?

How about people at home?