CDP Presents Strengthening the Homefront: A Tactical Toolkit Targeting Key Factors During Deployment

Deployment is arguably the most challenging of the normative stressors experienced by military families and children, the impact of which has been well-documented to family and child well-being as well as mission readiness. This presentation provides Behavioral Health clinicians with a “tactical toolkit” of ready-to-use, research-based strategies that address key targets of clinical intervention at each phase of the deployment cycle. Inherent to the discussion is how to adapt strategies to address family strengths and preferences from a cultural, racial/ethnic, and belief system perspective.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Level: Introductory

Learning Objectives:
Attendees will be able to:
- Evaluate the impact of deployment on family functioning
- Develop strategies to enhance familial relationships during the deployment cycle
- Integrate resources to support military family functioning into clinical practice with military families

Agenda for CDP Presents Webinar

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<th>Event</th>
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<tr>
<td>Webinar room prep and Lobby time</td>
<td>11:30am - 12:00 PM</td>
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<tr>
<td>Welcome to CDPP and Speaker Intro</td>
<td>12:00pm - 12:05 PM</td>
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<td>Speaker Presents</td>
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<td>Question and Answer</td>
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Location Information

Address:

https://deploymentpsych.ce21.com/item/cdpp_dec_2022

December 20, 2022 12:00 - 1:30 PM

Participate

Registration Information:
Participants can register via the link provided above, utilizing the CE21 system.

Cost/Refunds: Zero cost, no refund policy

Special Accommodations:
If you require special accommodations due to a disability, please contact Micah Norgard at micah.norgard.ctr@usuhs.edu 2 weeks prior to the training so that we may provide you with appropriate service.
Presenter

**Andrea Israel, Ph.D.,** is a clinical psychologist with expertise in child and adolescent psychology, health psychology, neuropsychological and psychoeducational evaluation, and workforce health and wellness programming. After completing her doctorate at the University of North Carolina at Chapel Hill and her postdoctoral work at Duke University Medical Center, she has worked with both pediatric and adult patients across diverse settings, including university medical centers, community hospitals, outpatient clinics, private practice, and federal civilian and military installations. Dr. Israel currently serves as a Military Behavioral Health Child Psychologist at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. In this role, she supports a study to assess the feasibility and to identify best practices for enhancing and expanding capabilities to deliver telehealth services to youth (dependents of active-duty military) with neurodevelopmental and behavioral health needs across a dispersed geographic area.

**Khristine Heflin, MSW, LCSW-C,** is a licensed Clinical Social Worker and has been practicing since 2006. She has worked with children, adolescents and adults with specialty areas that include managing anxiety and depression, parenting education and suicidal ideation prevention. She is committed to mental health equity and reducing the impact of unaddressed mental health needs. Currently, she serves as a Military Behavioral Health Child Social Worker with the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences located in Bethesda, MD. In this role, Ms. Heflin works on the Department of Defense Child Collaboration Study and is responsible for identifying best practices for expanding telehealth services to military children and delivering evidenced based training to behavioral health clinicians and community providers caring for military children and families. Her educational background includes a master's degree in Social Work with a clinical concentration in mental health, families and children from the University of Maryland, Baltimore and Bachelor's degree in Psychology from the University of Maryland, College Park.

There is no commercial support or conflict of interest to report for these presenters.
Continuing Education

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

The Center for Deployment Psychology offers attendees 1.5 credit hours for participation in this training. Participants attending events in person are required to sign-in at the start of the training and sign-out at the conclusion of the training in order to attain CE credit. Participant attendance data will be collected electronically during webinars. There is a 30-day time limit post-training to complete all CE requirements. Partial credits cannot be issued. Inquiries regarding CE credits may be directed via email to Micah Norgard at micah.norgard.ctr@usuhs.edu.

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