

# CDP Presents: Deployment, military stress, and military children's well-being: A review of the evidence and a consideration of the healthy warrior effect

4/22/2025

# A Live, Interactive Webinar

# **Description:**

This program will review research findings on military deployments, military stress, and links with children's well-being across domains (i.e., mental and behavioral health, care-seeking, maltreatment). Findings from the Millennium Cohort Program will also be discussed with a consideration of what these Department of Defense studies can tell us about child and adolescent functioning in the face of military stress, focusing on the entire family unit and relevant theoretical approaches that may elucidate mechanisms behind family adjustment. Finally, we will ponder the healthy warrior effect and how this may help us to understand mixed results across research studies, extending these applications to clients in their unique contexts across military, family, and developmental spheres.

Total CE Credits: 1.5
Total Contact Hours: 1.5

# **Learning Objectives:**

Following the training, attendees will be able to:

- 1. Evaluate the evidence supporting or refuting links of deployment with domains of child adjustment
- 2. Analyze the complexity of military children's environment with an emphasis on sources of vulnerability and strength that may occur due to military, family, or developmental factors

<u>Target Audience:</u> For behavioral health providers who treat military personnel, veterans, and their families.

**Instructional Content Level:** Introductory

Agenda:

#### **Agenda for CDP Presents Webinar**

Webinar room prep and Lobby time
Welcome to CDPP and Speaker Intro
Speaker Presents
Question and Answer

11:30 am - 12:00 PM
12:00 pm - 12:05 PM
12:05 pm - 1:25 PM
1:25 pm - 1:30 PM



# **Continuing Education:**

**Course Completion Requirements:** Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be available via CE Management system CE21 within 30 days after all course requirements have been completed.

#### **American Psychological Association Sponsor Approval:**

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

#### **Association of Social Work Boards Approved Continuing Education Provider Approval:**

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 1.5 Live, Interactive Webinar continuing education credits.

#### New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

#### New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to Jeremy Karp at jeremy.karp.ctr@usuhs.edu.



# **Participate:**

Online Platform: Zoom

Date: 4/22/2025

Time: 12:00 - 1:30 PM Eastern

**Registration Information:** Registration is done through event management system CE21, links will be

provided to prospective attendees.

**Registration Deadline:** Registration for this training closes one week prior to the training date.

**Cancellations/Questions:** Please contact jeremy.karp.ctr@usuhs.edu if you have any questions or need to cancel your registration.

**Location Information:** Participants will login to the webinar via the CE21 account using the green launch webinar button.

**Instructional Format:** This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

### **System Requirements:**

#### Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

**Special Accommodations**: If you require special accommodations due to a disability, please contact Jeremy Karp at <u>jeremy.karp.ctr@usuhs.edu</u> 4 weeks prior to the training so that we may provide you with appropriate service.

**Grievances:** For any grievances or concerns with this training, including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulsey, via email at <a href="mailto:amanda.stanley-hulsey.ctr@usuhs.edu">amanda.stanley-hulsey.ctr@usuhs.edu</a>



# **Instructor Biographies:**

#### Sabrina Richardson, PhD

Sabrina Richardson, PhD is a developmental psychologist interested in child adaptation to military and non-military risk, with a particular emphasis on relationship processes of resilience. She has worked at the Naval Health Research Center for the past eight years as part of the Millennium Cohort Family Study and more recently, as part of the Study of Adolescent Resilience. She also heads the Family Study child program area, coordinating child-focused projects. Among her topics of study, Sabrina has focused on military spouse adjustment to and readiness for future deployments, marital stability among military spouses, child maltreatment among military parents, and child well-being during the separation from service. Most recently, Sabrina has been studying military child mental and behavioral well-being among vulnerable groups (i.e., within married versus single parent families and across racial/ethnic group) in the newest panel of Family Study participants.

\*\*There is no commercial support or conflict of interest to report for this presenter.