



CDP Presents: Flourishing Through Life Transitions: A Unique Approach to Military-to-Civilian Transition Support

In this 90-minute webinar, participants will learn about William & Mary's approach to training veterans to perform with high degrees of productivity, fulfillment, and resilience as they transition to meaningful civilian management positions, while flourishing in their careers and personal lives. Our unique, comprehensive curriculum leverages strengths across William & Mary's campus and subject matter expertise. Importantly, our broad approach – as well as this specific conversation – emphasizes integrative wellness, develops introspective insights into individual values and corporate culture, and builds both the resilience skills and business skills critical to flourishing in executive leadership positions.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Level: Introductory

Learning Objectives:

Attendees will be able to:

- Differentiate between fear-based excellence and authentic excellence and their impact on resilience and flourishing
- Develop a strategy for integrating mindfulness with professional skills development.

Agenda for CDP Presents Webinar

Webinar room prep and Lobby time	11:30 am - 12:00 PM
Welcome to CDPP and Speaker Intro	12:00 pm - 12:05 PM
Speaker Presents	12:05 pm - 1:25 PM
Question and Answer	1:25 pm - 1:30 PM



Location Information

Address:

https://deploymentpsych.ce21.com/item/cdp_january_2025

January 23rd, 2025, 12:00 - 1:30 PM

Participate

Registration Information:

Participants can register via the link provided above, utilizing the CE21 system.

Cost/Refunds: Zero cost, no refund policy

Special Accommodations:

If you require special accommodations due to a disability, please contact Jeremy Karp at jeremy.karp.ctr@usuhs.edu 2 weeks prior to the training so that we may provide you with appropriate service.



Presenters

R. Kelly Crace, Ph.D.

Kelly is the Associate Vice President for Health & Wellness and the Director for the Center for Mindfulness and Authentic Excellence (CMAX) at William & Mary. He is a licensed psychologist and the co-author of *Authentic Excellence: Flourishing & Resilience in a Relentless World (2020)*; *Authentic Excellence for Organizations (2023)*; and the *Life Values Inventory*. He has published and presented in the areas of values, flourishing, resilience, life role development & transition, and organizational development. He is president of Applied Psychology Resources and has conducted over three thousand seminars for organizations. He has served as director of two college mental health centers at Duke University and William & Mary. He received his academic and clinical training from Vanderbilt University, the University of North Carolina at Chapel Hill, and Duke University. Kelly was the recipient of the President's Award for Service to the Community and the Chambers-Reid Award for Professional Excellence at William & Mary.

Jonathan "JD" Due

Passionate about education, service, talent and leadership development, and assisting veterans excel in new chapters of service, Jonathan "JD" Due is the executive director of the Center of Military Transition at the Mason School of Business at William and Mary.

In this role, JD leads the Mason School's efforts to develop and empower veterans to think and lead like executives. Prior to serving at William and Mary, JD spent several years as the director of programs and scholarships at the Pat Tillman Foundation, where he ran the selection process for the Tillman Scholar community and developed a leadership development program for remarkable active-duty service members, military veterans, and military spouses.

A 20-year veteran of the US Army himself, JD served as a cavalry and armor officer in a wide variety of assignments, to include command, serving on the faculty of U.S. Military Academy, and as the lead writer for a number of doctrinal manuals and future warfighting concepts. In 2024, JD was also named a Hoover Veteran Fellow at Stanford University's Hoover Institute where he currently researches and develops solutions to empower veterans and transitioning service members in their search for productivity, fulfillment, and resilience as they enter the civilian workforce.

**There is no commercial support or conflict of interest to report for this presenter.

Continuing Education



The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

The Center for Deployment Psychology offers attendees 1.5 credit hours for participation in this training. Participants attending events in person are required to sign-in at the start of the training and sign-out at the conclusion of the training in order to attain CE credit. Participant attendance data will be collected electronically during webinars. There is a 30-day time limit post-training to complete all CE requirements. If you do not wish to complete the evaluation, please contact the training event's POC after the training event. Partial credits cannot be issued. Inquiries regarding CE credits may be directed via email to Jeremy Karp at jeremy.karp.ctr@usuhs.edu.

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