



Military Identity in Clinical Practice: Enhancing Case Conceptualization and Treatment

11/6/2025

A Live, Interactive Webinar

Description:

This webinar introduces an innovative approach to military mental health care through the integration of the Military Identity Model (MIM) with clinical case conceptualization. Drawing from recent systematic research, participants will learn how to move beyond cultural competence to actively engage with military identity as a mechanism for therapeutic change. The presentation examines how different forms of military identity - loyal, warrior, hidden, and disrupted - influence mental health outcomes and treatment engagement. Through case examples and practical demonstrations, clinicians will learn to assess and formulate cases using an identity-informed approach that enhances standard clinical frameworks. Particular attention will be paid to identifying identity disruption as a maintaining factor in mental health presentations and developing targeted formulations and treatment plans that align with military cultural values.

Total CE Credits: 1.5

Total Contact Hours: 1.5

Learning Objectives:

Following the training, attendees will be able to:

1. Identify and describe distinct types of military identity (loyal, warrior, hidden, and disrupted) and analyze their relationship to mental health outcomes in military populations.
2. Apply the Military Identity Model to case conceptualization, demonstrating how to assess and formulate identity-related factors maintaining clinical presentations in military personnel.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory

Agenda:

Agenda for CDP Presents Webinar

Webinar room prep and Lobby time
Welcome to CDPP and Speaker Intro

11:30 am - 12:00 PM
12:00 pm - 12:05 PM



Speaker Presents
Question and Answer

12:05 pm - 1:25 PM
1:25 pm - 1:30 PM

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – August 31, 2025. Social workers completing this course receive 1.5 Live, Interactive Webinar continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to Jeremy Karp at jeremy.karp.ctr@usuhs.edu.

Participate:

Online Platform: Zoom



Date: 11/6/2025

Time: 12:00 – 1:30 PM Eastern

Registration Information: Registration is done through event management system CE21, links will be provided to prospective attendees.

Registration Deadline: Registration for this training closes one week prior to the training date.

Cancellations/Questions: Please contact jeremy.karp.ctr@usuhs.edu if you have any questions or need to cancel your registration.

Location Information: Participants will login to the webinar via the CE21 account using the green launch webinar button.

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Special Accommodations: If you require special accommodations due to a disability, please contact Jeremy Karp at jeremy.karp.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training, including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulsey, via email at amanda.stanley-hulsey.ctr@usuhs.edu

Instructor Biographies:

Carolyn Heward is a Senior Lecturer in Clinical Psychology at James Cook University in Townsville, Queensland, Australia, where she teaches in the Master of Psychology (Clinical) program while conducting research on military identity construction and its implications for psychological wellbeing. As a Clinical Psychologist with extensive experience working with the Australian Defence Force (ADF), she brings valuable insights to the intersection of military culture and mental health, particularly through her perspective that identity work is fundamental to clinical practice. Her recent scoping review on military culture, identity, and mental health has contributed to understanding the unique challenges faced by service members, while her current doctoral research explores the construction of military identity within the ADF and its clinical implications. Drawing from her clinical experience, Carolyn's work focuses on developing integrated approaches to clinical psychology that move beyond cultural formulations to address individual identity construction. She has also contributed to public discourse on military mental health through The Conversation, publishing articles on military identity and providing analysis of the Australian Government's response to the Royal Commission into Defence and Veteran Suicide.



**There is no commercial support or conflict of interest to report for these presenters.