



# The Well-being of Military Families: Emerging Insights from Military Family Advisory Network Research

8/18/2026

A Live, Interactive Webinar

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**Description:** In this 90-minute webinar, participants will be introduced to key findings from the Military Family Advisory Network's *Military Family 360* research, the largest independent, biennial survey examining the lived experiences of military and veteran families. Drawing on data from thousands of service members, veterans, retirees, and their spouses/partners, this seminar will highlight how family-level factors such as financial strain, child care access, food insecurity, employment challenges, and transition stress intersect with psychological health and readiness. The presentation will emphasize relevant trends and disparities that impact service members with special attention to how family context influences stress exposure, resilience, and help-seeking behaviors. Participants will review research-informed insights that can enhance assessment, case conceptualization, and intervention planning when working with military-affiliated clients and will leave with an increased understanding of how population-level family data can inform evidence-based, culturally responsive clinical practice.

Total CE Credits: 1.5

Total Contact Hours: 1.5

## **Learning Objectives:**

Following the training, attendees will be able to:

1. Integrate military family context and data-informed risk factors into clinical assessment and treatment planning for military-affiliated clients.
2. Apply population-level research insights to strengthen culturally responsive, evidence-based practice with service members, veterans, and their families.

**Target Audience:** For behavioral health providers who treat military personnel, veterans, and their families.

**Instructional Content Level:** Introductory

## **Agenda:**

**Agenda for CDP Presents Webinar**



<b>Webinar room prep and Lobby time</b>	<b>11:30 am - 12:00 PM</b>
<b>Welcome to CDPP and Speaker Intro</b>	<b>12:00 pm - 12:05 PM</b>
<b>Speaker Presents</b>	<b>12:05 pm - 1:25 PM</b>
<b>Question and Answer</b>	<b>1:25 pm - 1:30 PM</b>

### **Continuing Education:**

**Course Completion Requirements:** Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be available via CE Management system CE21 within 30 days after all course requirements have been completed.

#### **American Psychological Association Sponsor Approval:**

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

#### **Association of Social Work Boards Approved Continuing Education Provider Approval:**

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2025-May 19, 2028. Social workers completing this course receive 1.5 Live, Interactive Webinar continuing education credits.

#### **New York State Education Department's State Board for Psychology Provider Approval:**

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

#### **New York State Education Department's State Board for Social Work Provider Approval:**

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to Jeremy Karp at [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu).



## **Participate:**

**Online Platform:** Zoom

**Date:** 08/18/2026

**Time:** 12:00 - 1:30 PM Eastern

**Registration Information:** Registration is done through event management system CE21, links will be provided to prospective attendees.

**Registration Deadline:** Registration for this training closes one week prior to the training date.

**Cancellations/Questions:** Please contact [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu) if you have any questions or need to cancel your registration.

**Location Information:** Participants will login to the webinar via the CE21 account using the green launch webinar button.

**Instructional Format:** This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

### **System Requirements:**

#### **Zoom:**

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

**Special Accommodations:** If you require special accommodations due to a disability, please contact Jeremy Karp at [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu) 4 weeks prior to the training so that we may provide you with appropriate service.

**Grievances:** For any grievances or concerns with this training, including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley, via email at [amanda.stanley.ctr@usuhs.edu](mailto:amanda.stanley.ctr@usuhs.edu)



### **Instructor Biographies:**

#### **Gabby L'Esperance, Ph.D.**

Dr. Gabby L'Esperance is a qualitative researcher and program evaluator whose work centers on elevating the lived experiences of military and veteran families. As Director of Insights at MFAN, she leads narrative-based research and evaluation efforts that inform program development, stakeholder convenings, and systems-level change. Dr. L'Esperance is a recognized expert in military family well-being, food insecurity, financial readiness, whole health, and evaluation methodology, and regularly shares findings with academic, nonprofit, government, and funding audiences. She holds a doctorate in public administration from the University of Nebraska at Omaha and teaches nonprofit management at UNO.

\*\*There is no commercial support or conflict of interest to report for this presenter.