



# Practical Approaches to Addressing Romantic Relationships in Suicide Prevention

7/22/2026

A Live, Interactive Webinar

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**Description:** This webinar provides a practical overview of the critical role that romantic relationships play in the landscape of suicide prevention. The session will describe how romantic relationships fit into leading models of suicide risk, exploring how stable and supportive relationships can promote long-term psychological health, while relationship distress, conflict, or dissolution can act as a significant catalyst for a suicidal crisis. The presentation outlines practical, relationship-focused strategies that can be applied across all levels of a public health approach to suicide prevention. Participants will gain an understanding of how incorporating romantic partners into prevention efforts can strengthen protective factors and address risk beyond an exclusively individual focus.

Total CE Credits: 1.5

Total Contact Hours: 1.5

## **Learning Objectives:**

Following the training, attendees will be able to:

1. Explain how romantic relationship processes influence suicide risk and protection.
2. Apply evidence-informed approaches for incorporating romantic partners into suicide prevention efforts.

**Target Audience:** For behavioral health providers who treat military personnel, veterans, and their families.

**Instructional Content Level:** Introductory

## **Agenda:**

### **Agenda for CDP Presents Webinar**

<b>Webinar room prep and Lobby time</b>	<b>11:30 am - 12:00 PM</b>
<b>Welcome to CDPP and Speaker Intro</b>	<b>12:00 pm - 12:05 PM</b>
<b>Speaker Presents</b>	<b>12:05 pm - 1:25 PM</b>
<b>Question and Answer</b>	<b>1:25 pm - 1:30 PM</b>



## **Continuing Education:**

**Course Completion Requirements:** Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be available via CE Management system CE21 within 30 days after all course requirements have been completed.

### **American Psychological Association Sponsor Approval:**

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

### **Association of Social Work Boards Approved Continuing Education Provider Approval:**

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2025-May 19, 2028. Social workers completing this course receive 1.5 Live, Interactive Webinar continuing education credits.

### **New York State Education Department's State Board for Psychology Provider Approval:**

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

### **New York State Education Department's State Board for Social Work Provider Approval:**

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to Jeremy Karp at [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu).



**Participate:**

**Online Platform:** Zoom

**Date:** 07/22/2026

**Time:** 12:00 - 1:30 PM Eastern

**Registration Information:** Registration is done through event management system CE21, links will be provided to prospective attendees.

**Registration Deadline:** Registration for this training closes one week prior to the training date.

**Cancellations/Questions:** Please contact [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu) if you have any questions or need to cancel your registration.

**Location Information:** Participants will login to the webinar via the CE21 account using the green launch webinar button.

**Instructional Format:** This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

**System Requirements:**

**Zoom:**

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

**Special Accommodations:** If you require special accommodations due to a disability, please contact Jeremy Karp at [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu) 4 weeks prior to the training so that we may provide you with appropriate service.

**Grievances:** For any grievances or concerns with this training, including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley, via email at [amanda.stanley.ctr@usuhs.edu](mailto:amanda.stanley.ctr@usuhs.edu)



### **Instructor Biographies:**

#### **Sarah Carter, Ph.D.**

Sarah Carter, PhD, is a clinical psychologist and research scientist with the Uniformed Services University and Henry M. Jackson Foundation. Her work focuses on understanding how interpersonal relationships interact with psychological functioning, particularly within military and veteran populations. She currently leads multiple federally-funded studies examining how improvements in relationship functioning may improve psychological health, and warfighter readiness, and regularly works at the intersection of research, prevention, and applied implementation.

\*\*There is no commercial support or conflict of interest to report for this presenter.