



CDP Presents Eating Disorders: General and Military-Relevant Considerations

Reports from sources such as the Armed Forces Health Surveillance Center suggest that more than 5,000 Service members were diagnosed with eating disorders, including anorexia nervosa and bulimia, between 2003 and 2017. Given that receiving such diagnoses is a potential threat to a Service member's career and may be cause for separation, underreporting of related symptoms and behaviors is common and the prevalence of eating disorders in the military may, in reality, be much higher. Further complicating the issue, members of the military face a combination of factors that likely place them at increased risk for developing these conditions, including enhanced physical and psychological demands of their jobs and the intense pressure to meet and maintain the military's strict fitness standards and weight limits. In this webinar, we will further discuss the challenges associated with identifying, screening for, and ultimately treating these serious disorders in military populations as well as methods to ensure that those in need of specialized care are encouraged to seek it.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Level: Introductory

Learning Objectives:

Attendees will be able to:

- Evaluate common clinical presentations and risk factors for eating disorders among specific military subgroups, including active-duty service members, veterans, and dependent youth.
- Integrate appropriate assessments and evidence-based treatments for eating disorders into clinical practice when working with military populations.

Agenda for CDP Presents Webinar

Webinar room prep and Lobby time	11:30 am - 12:00 PM
Welcome to CDPP and Speaker Intro	12:00 pm - 12:05 PM
Speaker Presents	12:05 pm - 1:25 PM
Question and Answer	1:25 pm - 1:30 PM



Location Information

Address:

http://deploymentpsych.ce21.com/item/cdpp_feb_2023

February 15, 2023, 12:00 - 1:30 PM

Participate

Registration Information:

Participants can register via the link provided above, utilizing the CE21 system.

Cost/Refunds: Zero cost, no refund policy

Special Accommodations:

If you require special accommodations due to a disability, please contact Micah Norgard at micah.norgard.ctr@usuhs.edu 2 weeks prior to the training so that we may provide you with appropriate service.



Presenter

Dr. Marian Tanofsky-Kraff, is Professor in the Departments of Medical and Clinical Psychology and Medicine at USUHS. She is Research Director for the Military Cardiovascular Outcomes Research Program and Research Collaborator in the Section on Growth and Obesity at the Eunice Kennedy Shriver National Institute of Child Health and Human Development, NIH. Her research program involves the intersection of obesity and eating disorders and addresses questions about risks, protective factors, maintenance, consequences, and prevention. She has published 217 peer-reviewed papers and chapters, has received research funding from the several NIH institutes, including serving as a mentor for 15 training grants, and is the recipient of numerous awards. She is on the Executive Council and a Fellow of The Obesity Society, Fellow and Past Board Member of the Academy for Eating Disorders and is Past President and Board Member of the Eating Disorders Research Society.

Dr. Natasha Schvey is an Associate Professor in the Department of Medical and Clinical Psychology at the Uniformed Services University of the Health Sciences (USUHS). She is also a Research Collaborator in the Section on Growth and Obesity at the Eunice Kennedy Shriver National Institute of Child Health and Human Development, NIH. She has over 16 years of experience in the research and treatment of high body weight and disordered eating spanning from childhood to late adulthood. She has published over 75 peer-reviewed empirical studies, chapters, and reviews on weight stigma, eating pathology, and body weight, and has received research funding from the American Psychological Foundation and the National Institutes of Health.

Dr. Jason Lavender is an Associate Professor in the Department of Medicine at USUHS, and the Deputy Director of Research for the Military Cardiovascular Outcomes Research (MiCOR) Program with the Metis Foundation. He has 15+ years of experience in the eating disorders field, with a research focus on risk/maintenance factors and the unique manifestation and assessment of disordered eating among males. He has published more than 150 journal articles and book chapters, and recently co-edited a book on eating disorders in boys and men. He is a Fellow of the Academy of Eating Disorders, and has received research funding from the NIMH.

There is no commercial support or conflict of interest to report for these presenters.



Continuing Education

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