

Harnessing the Power of Written Exposure Therapy: Empowering Clinicians to Facilitate Recovery Through Written Narratives

6/16/2026

A Live, Interactive Webinar

Description: This presentation will provide mental health providers a review of the latest research evaluating Written Exposure Therapy (WET). WET is an evidence-based treatment for PTSD that has been gathering increasing support in the research literature. The presentation will describe the development and components of WET and how it addresses barriers encountered with many other trauma treatments. The presentation will discuss current and future lines of research for adapting WET to additional treatment settings and patient populations.

Total CE Credits: 1.5

Total Contact Hours: 1.5

Learning Objectives:

Following the training, attendees will be able to:

1. Evaluate components of Written Exposure Therapy that address common barriers to evidence-based treatment PTSD.
2. Analyze the current research supporting the effectiveness of Written Exposure Therapy and future efforts to adapt Written Exposure Therapy for different settings and populations.

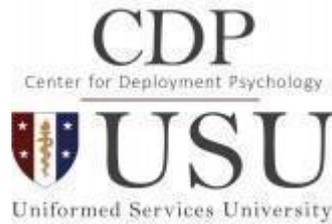
Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory

Agenda:

Agenda for CDP Presents Webinar

Webinar room prep and Lobby time	11:30 am - 12:00 PM
Welcome to CDPP and Speaker Intro	12:00 pm - 12:05 PM
Speaker Presents	12:05 pm - 1:25 PM
Question and Answer	1:25 pm - 1:30 PM



Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be available via CE Management system CE21 within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2025-May 19, 2028. Social workers completing this course receive 1.5 Live, Interactive Webinar continuing education credits.

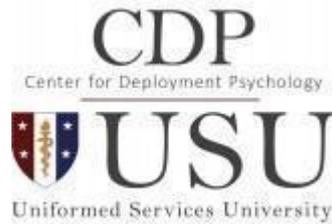
New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to Jeremy Karp at jeremy.karp.ctr@usuhs.edu.



Participate:

Online Platform: Zoom

Date: 06/16/2026

Time: 12:00 - 1:30 PM Eastern

Registration Information: Registration is done through event management system CE21, links will be provided to prospective attendees.

Registration Deadline: Registration for this training closes one week prior to the training date.

Cancellations/Questions: Please contact jeremy.karp.ctr@usuhs.edu if you have any questions or need to cancel your registration.

Location Information: Participants will login to the webinar via the CE21 account using the green launch webinar button.

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

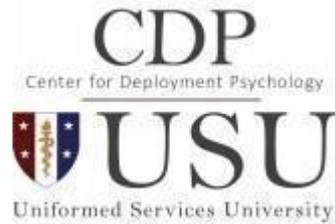
System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Special Accommodations: If you require special accommodations due to a disability, please contact Jeremy Karp at jeremy.karp.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training, including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley, via email at amanda.stanley.ctr@usuhs.edu



Instructor Biographies:

Craig Woodworth, PsyP, ABPP

Dr. Woodworth is a Board-Certified Clinical Psychologist and serves currently as Chief of Research & Program Development and Program Director for the Clinical & Organizational Psychology Fellowship in Brooke Army Medical Center's Department of Mental Health, where he oversees approximately 50 in-development and ongoing research projects. He received his doctorate from Roosevelt University in Chicago, IL and was a recipient of the Army Health Professions Scholarship Program. As an active duty Army psychologist, he was the Mental Health Officer for 2-2 Stryker Brigade Combat Team at Joint Base Lewis-McChord. After leaving active duty, he developed curriculum for the Army Medical Center of Excellence, Mental Health Service Line, including updates to the Combat Operational Stress Control and Traumatic Event Management courses.

**There is no commercial support or conflict of interest to report for this presenter.