

Cognitive Processing Therapy (CPT) to Treat PTSD

**2-Day Workshop on 1-2 June, 2016 from 0800-1630
at University of North Texas in Denton, Texas**

Participation in the UC4e is available to any university-based or college-connected clinician previously trained at a UC4 program.

This intensive 2-day module provides training in CPT, an evidence-based treatment for PTSD. It presents theory underlying CPT, a brief overview of CPT's empirical support, and step-by-step instructions in CPT protocol techniques. Throughout the workshop strategies for conceptualizing and dealing with co-morbidity, managing avoidance, and keeping patients optimally engaged are provided. Video clips of expert therapists demonstrate CPT skills, and participants are asked to do role-plays and other assignments to learn concepts and practice skills. Attendance on both days is required. Participants will receive Cognitive Processing Therapy, Veteran/Military Version: Therapist's Manual by Resick et al., May 2014 (fourth printing) as part of the workshop.



**UNIVERSITY OF
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Learning Objectives:

1. Describe symptoms of PTSD through the lens of CPT theory.
2. Identify some of the empirical evidence of CPT's effectiveness in reducing PTSD.
3. Identify co-morbid psychological disorders, and personality and environmental factors.
4. Describe methods of assessing CPT treatment effectiveness.
5. Implement the CPT standard protocol with individual patients diagnosed with PTSD.

*** Free Continuing Education (CE) Credits are available for this 2-day workshop ***

See attached CE statement for more information. No partial credit allowed. CME credits are not provided. CE certificates will be sent by email approximately 4 weeks after the workshop. PESI charges \$10 to reissue certificates and full price to issue previously unrequested credits. For specific CE questions, contact Bridget Schaub at bschaub@pesi.com.

Prior to attending this workshop, the CDP strongly encourages you to complete the following two online courses as primers: <http://www.deploymentpsych.org/content/online-courses>: Cognitive Processing Therapy (CPT) for PTSD in Veterans and Military Personnel & Epidemiology of PTSD in Military Personnel and Veterans: Working with Service Members and Veterans with PTSD

To register please visit: <http://deploymentpsych.org/training/uc4-e-cognitive-processing-therapy-CPT-to-treat-PTSD-University-of-North-Texas-TX-1-2-June-2016>

Support for the ACE-CDP University Counseling Center Core Competency Program (UC4) is made possible in part by a grant from the Bob Woodruff Foundation, which provides resources and support to injured Service members, Veterans and their families so they can have successful futures. For more information about the Bob Woodruff Foundation, visit www.REMIND.org

**Program Content provided by Center for Deployment Psychology
Continuing Education hours provided by PESI, Inc.**

Program Title: University Counseling Center Core Competency: CPT

Date: June 1-2, 2016

Location: Denton, TX

PESI Program Code: 46650DTN *(Please reference this code when contacting PESI regarding this program)*

Duration of Instructional Content: 820 minutes over two days

Must attend entire conference to receive credit. No partial credit given.

COUNSELORS: This activity consists of **13.5** clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2014-January 27, 2017. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive **13.5** (Clinical) continuing education clock hours in participating in this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

ADDICTION COUNSELORS: This activity consists of **13.5** clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for **13.5** hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

MARRIAGE AND FAMILY THERAPISTS: This activity consists of **820** minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSES/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity meets the criteria for a formally approved American Nurses Credentialing Center (ANCC) Activity PESI, Inc. is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities. Full attendance is required; no partial credit will be awarded for partial attendance.

This activity qualifies for **13.5** contact hours.

OTHER PROFESSIONS: This seminar qualifies for **13.5** continuing education clock hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

****CE hours for this activity are being provided by PESI, Inc. Have an inquiry on continuing education credit that is not listed here? Please contact Bridget Schaub at PESI, Inc. You may reach her via email at bschaub@pesi.com.**