**Group Therapy Note Template Series**

**Administrative Separations Group**

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| **Group Format** | **Ongoing 90-minute sessions** |
| **Outcome measures / frequency** | **BASIS-24 / every session** |
| **Version** | **1.0** |

**Session note template for Administrative Separations Group:**

During group, participants were encouraged to discuss their reactions to their potential separation from the military and to provide support and feedback to peers who are also undergoing the administrative separations process. Patient received advice and encouragement and was encouraged to make plans for what to do if the separation from the military moves forward. Themes from today’s group included: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

The patient reported that the status of their administrative separation package was: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

Patient was / was not an active participant in group. The patient’s mood was \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. The patient did not endorse suicidal or homicidal ideation, behaviors or intent, and is not deemed an imminent risk of harm to self or others. The patient did / did not endorse being in physical pain.

No change in diagnosis or treatment plan is recommended at this time. Patient understands and agrees with this treatment plan.