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| Monthly Peer Review: PTSD Addendum |
| Provider Reviewed: | Month/Year of Review: |
| Reviewer: | LEGEND: |
| Last 4 SSN: | (Y) Criteria Met(N) Criteria Not Met (Requires Comment)(N/A) Not Applicable |
| Dates of Encounters: | dd/mm/yy | dd/mm/yy | dd/mm/yy | dd/mm/yy | dd/mm/yy |
| 1. PTSD diagnosed
 |  |  |  |  |  |
| 1. Appropriate VA/DoD Clinical Practice Guideline treatment offered to patient
 |  |  |  |  |  |
| 1. Initiated PTSD-focused EBP\* (e.g., Prolonged Exposure, Cognitive Processing Therapy, EMDR, Trauma Focused CBT, Written Exposure Therapy)
 |  |  |  |  |  |
| 1. PCL-5 administered and reported in note
 |  |  |  |  |  |
| 1. Completed course of PTSD-focused EBP treatment
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| --- | --- | --- |
| Item Number | Review Comments | If applicable, date correction was made (to be completed by reviewer after provider makes changes) |
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|  |  |  |
|  |  |  |
| Additional Comments:  |

Reviewer’s Signature/Stamp Reviewee’s Signature/Stamp

# EBP Treatment Keywords & Phrases

## Prolonged Exposure Therapy for PTSD

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| --- | --- |
| Primary Keywords | Example Text |
| * PE
* Exposure therapy
* Exposure
* Hierarchy
* In vivo
* Imaginal
* Breathing Retraining
* Listening to session audio recording
* Reference to Foa’s PE Manual
 | * “...this was session 3 of PE…”
* “…pt progressing well in exposure therapy exercises…”
* “…patient was reluctant to complete the exposure homework,…”
* “…completed item 4 in hierarchy, going to the mall (indicate by self or with someone)”
* “...was not able to complete the in vivo assignment…”
* “…patient continues to complete imaginal exposure exercises…”
* “…covered breathing exercises and asked patient to practice these daily over the next week…”
* “…patient was able to listen to the recording of the last session three times since the last session…”
* “…session covered chapter 4 (or session 2) of the Foa workbook…”
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## Cognitive Processing Therapy for PTSD

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| Primary Keywords | Example Text  |
| * CPT (not CPT code)
* Thought record
* Challenging Beliefs Worksheet (CBW)
* Impact Statement
* Stuck points
* Themes (safety, intimacy, esteem, control/power, trust
* Reference to Resick’s CPT Manual
 | * “...this was session 3 of CPT…”
* “…pt completed their thought record/ABC sheet homework…”
* “…patient was not able to complete their CBW this last week…”
* “...spent time during the session working on the patient’s impact statement…”
* “...today we identified patients stuck points around the theme of safety…”
* “...today we identified patients stuck points around the theme of safety…”
* “…this session covered session 2 from the Resick workbook…”
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## Eye Movement Desensitization and Reprocessing Therapy for PTSD

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| Primary Keywords | Example Text |
| * EMDR
* Eye movements/dual attention stimulus
* Positive/Negative Cognitions
 | * “...this was session 4 of EMDR…”
* “…processed trauma memories using eye movements as the dual attention stimulus…”
* “…pt identified positive cognitions during the session…”
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