



Tier One Online – 2 February 2021

This training is the first of the three tiers and introduces participants to military culture including core values, terminology, branches of the service and military operations. The unique needs of the National Guard, including the Army and Air Force, are discussed. It also covers the impact of deployment on families and challenges in post-deployment reintegration.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Level: Introductory

Learning Objectives:

Attendees will be able to:

1. Differentiate between the three tiers of training in the Star Behavioral Health Providers (SBHP) program
2. Articulate requirements and benefits of becoming an SBHP registry provider
3. Characterize the structure and major components of the United States military
4. Analyze common characteristics of the military population and how they compare to the general population
5. Substantiate the importance of a distinct culture to the military
6. Appraise elements of the military experience and lifestyle that are integral to military culture
7. Distinguish between the three phases of the deployment cycle and the events and stressors common to each phase
8. Assess deployment cycle-related stressors unique to special populations, including the Selected Reserve, female Service members, and military family members
9. Analyze challenges that Service members face in achieving successful post-deployment reintegration



***SBHP Tier One Online Training
2 February 2021***

Presenters:

0900 *Military Culture: Working with the National Guard/SBHP Overview*

0945 *Personal Perspective of Military Culture*

1030 Break

1045 *Military Culture: Enhancing Clinical Competence*

1215 *Lunch (on your own)*

1315 *Military Culture (continued)*

1445 Break

1455 *The Deployment Cycle and Its Impact on Service Members and Their Families*

1610 Break

1620 *Deployment Cycle (continued)*

1720 *Closing & CE Evaluation*



Location Information

Online Platform: Zoom

Date: 2 February 2021

Time: 9:00am – 5:30pm Eastern

Participate

Registration Information:

<https://militaryfamily.secure.force.com/Tier1RegistrationForm?sState=Online>

Cost/Refunds: Free

Participation:

Attendees must attend the entire workshop to earn credit. Attendees must participate using a separate computer rather than joining a group of people viewing via one machine to acquire credit for attendance.

Special Accommodations:

If you require special accommodations due to a disability, please contact Katie Medina at katie.medina.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.



Presenters

Jeffrey Mann, Psy.D., is a Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) with the Uniformed Services University of the Health Sciences. Dr. Mann provides support Navy mental health training programs and is a Veteran of the United States Air Force (USAF) where he served as a psychologist from 2009 to 2013. In 2013, he deployed to Southwest Asia in support of Operation Enduring Freedom.

Dr. Mann received his bachelor's degree in computer science from DePauw University and his master's and doctorate degrees in clinical psychology from the Adler School of Professional Psychology, Chicago, with a specialization in primary care psychology. He is a 2010 graduate of the Wilford Hall USAF Medical Center Psychology Residency Program.

Dr. Mann's clinical work has focused on the assessment and treatment of trauma-related mental health conditions, anxiety disorders, insomnia and the use of Telebehavioral Health.

Marquetta Benn, BA, is a Regional Coordinator for the Center for Deployment Psychology. She has been a part of the Uniformed Services University since 2013 and joined CDP in January 2020. Marquetta is based out of Baltimore, MD where she received her Bachelors of Arts Degree from Morgan State University in Communications & Public Relations with a minor in Advertising, Media & Sales Ratings. Before joining CDP, she served as the Special Assistant to the Brigade Commander at USU and prior Program Support Specialist for the Dean, Edward F. Herbert School of USU. She grew up traveling the world as a dependent of her father who served for the United States Army which introduced her to Military Medicine.



Continuing Education

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

The Center for Deployment Psychology offers attendees 6 credit hours for participation in this training (*note:* The Personal Perspective of Military Culture session does not offer credit hours). Participants attending events in person are required to sign-in at the start of the training and sign-out at the conclusion of the training in order to attain CE credit. Participant attendance data will be collected electronically during webinars. There is a 30-day time limit post-training to complete all CE requirements. Partial credits cannot be issued. Inquiries regarding CE credits may be directed via email to Katie Medina at katie.medina.ctr@usuhs.edu.

The CEs provided by the American Psychological Association are acceptable for most licensed professionals when renewing their license and it is our experience that APA CE credits have been recognized by most professional state license boards. However, please check with your board regarding the acceptability of APA CE credits for this activity.