



Tier One Online – 2 March 2021

This training is the first of the three tiers and introduces participants to military culture including core values, terminology, branches of the service and military operations. The unique needs of the National Guard, including the Army and Air Force, are discussed. It also covers the impact of deployment on families and challenges in post-deployment reintegration.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Level: Introductory

Learning Objectives:

Attendees will be able to:

1. Differentiate between the three tiers of training in the Star Behavioral Health Providers (SBHP) program
2. Articulate requirements and benefits of becoming an SBHP registry provider
3. Characterize the structure and major components of the United States military
4. Analyze common characteristics of the military population and how they compare to the general population
5. Substantiate the importance of a distinct culture to the military
6. Appraise elements of the military experience and lifestyle that are integral to military culture
7. Distinguish between the three phases of the deployment cycle and the events and stressors common to each phase
8. Assess deployment cycle-related stressors unique to special populations, including the Selected Reserve, female Service members, and military family members
9. Analyze challenges that Service members face in achieving successful post-deployment reintegration



***SBHP Tier One Online Training
2 March 2021***

Presenters:

0900 *Military Culture: Working with the National Guard/SBHP Overview*

0945 *Personal Perspective of Military Culture*

1030 Break

1045 *Military Culture: Enhancing Clinical Competence*

1215 *Lunch (on your own)*

1315 *Military Culture (continued)*

1445 Break

1455 *The Deployment Cycle and Its Impact on Service Members and Their Families*

1610 Break

1620 *Deployment Cycle (continued)*

1720 *Closing & CE Evaluation*



Location Information

Online Platform: Zoom

Date: 2 March 2021

Time: 9:00am – 5:30pm Eastern

Participate

Registration Information:

<https://militaryfamily.secure.force.com/Tier1RegistrationForm?sState=Online>

Cost/Refunds: Free

Participation:

Attendees must attend the entire workshop to earn credit. Attendees must participate using a separate computer rather than joining a group of people viewing via one machine to acquire credit for attendance.

Special Accommodations:

If you require special accommodations due to a disability, please contact Katie Medina at katie.medina.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.



Presenters

Marjorie Weinstock, Ph.D. is a Senior Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. She joined the CDP in 2009 as a Deployment Behavioral Health Psychologist at the Naval Medical Center San Diego. Prior to joining the CDP, Dr. Weinstock spent three years working for the Navy's Fleet & Family Support Program, where she provided counseling services to military members and their families.

Dr. Weinstock is a graduate of Emory University and received her doctorate in Counseling Psychology from the University at Buffalo. She completed her internship at the Brockton, Massachusetts VA Medical Center and a two-year postdoctoral fellowship in clinical research and addictive disorders at the Brown University Training Consortium.

As the spouse of a recently retired Service member, Dr. Weinstock has a first-hand understanding of the demands of military service on the family. In her current role she is engaged in the development and presentation of trainings for behavioral health clinicians to improve their competency in working with both Service members and their families. Her professional interests include deployment-related mental health issues, cognitive behavioral therapy, suicide prevention, and the impact of military life on the family.

Katie Medina, BA, is a Regional Coordinator for the Center for Deployment Psychology. She joined CDP in December 2019 and is based out of Wilton, Maine. Ms. Medina received her bachelor's degree from Arizona State University and has worked in a variety of fields. As a member of the Air Force, she served in Okinawa, Saudi Arabia, and various other locations as an Airborne Cryptologic Linguist. After separating from the Air Force, Ms. Medina went to work for the Defense Intelligence Agency (DIA) in Washington D.C. Subsequently, she was an elementary and middle school teacher in North Carolina and Virginia. Ms. Medina has run her own business and has been an advisor to a business startup as well. She is the wife of a retired Marine and has two children. Her own experiences in the military, working with the military as well as military families, and being a military spouse have given her a unique and thorough base for her current position as a Regional Coordinator.



Continuing Education

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

The Center for Deployment Psychology offers attendees 6 credit hours for participation in this training (*note: The Personal Perspective of Military Culture session does not offer credit hours*). Participants attending events in person are required to sign-in at the start of the training and sign-out at the conclusion of the training in order to attain CE credit. Participant attendance data will be collected electronically during webinars. There is a 30-day time limit post-training to complete all CE requirements. Partial credits cannot be issued. Inquiries regarding CE credits may be directed via email to Katie Medina at katie.medina.ctr@usuhs.edu.

The CEs provided by the American Psychological Association are acceptable for most licensed professionals when renewing their license and it is our experience that APA CE credits have been recognized by most professional state license boards. However, please check with your board regarding the acceptability of APA CE credits for this activity.