



# Culturally Responsive Trauma-Focused Evidence-Based Psychotherapies

5/7/2025

A Live, Interactive Webinar

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## **Description:**

At times, clinicians may struggle with how to address cultural factors in treatment for PTSD sensitively and appropriately. This workshop aims to help providers understand and overcome challenges for discussing identity and culture. The importance of culturally responsive PTSD treatment will be discussed and clear guidelines for the assessment and treatment of cultural strengths and stressors will be presented. Clients may be affected by unique stressors related to their identities and cultural experiences. Culturally responsive treatment helps both providers and clients to better understand how such cultural factors may contribute to past experiences and to leverage cultural strengths.

Attendees will learn strategies to enhance culturally responsive assessment and treatment approaches, in the context of evidence-based treatments for PTSD, such as Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE). Experiential activities will also serve to reinforce learned skills.

Total CE Credits: 3

Total Contact Hours: 3

## **Learning Objectives:**

Following the training, attendees will be able to:

1. Assess cultural factors that may be related to presenting issues and mental health.
2. Integrate culturally relevant measures into the assessment process.
3. Apply at least 3 specific strategies for tailoring cognitive and behavioral interventions within CPT with cultural sensitivity.

**Target Audience:** For behavioral health providers who treat military personnel, veterans, and their families.

**Instructional Content Level:** Introductory/Beginner



## **Agenda:**

<b>Webinar room prep and Lobby time</b>	<b>12:30 AM - 1:00 PM</b>
<b>Welcome to CDPP and Speaker Intro</b>	<b>1:00 PM - 1:05 PM</b>
<b>Speaker Presents</b>	<b>1:05 PM - 3:55 PM</b>
<b>Question and Answer</b>	<b>3:55 PM - 4:00 PM</b>

## **Continuing Education:**

**Course Completion Requirements:** Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be available via CE21 within 30 days after all course requirements have been completed.

### **American Psychological Association Sponsor Approval:**

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

### **Association of Social Work Boards Approved Continuing Education Provider Approval:**

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 3 Live, Interactive Webinar continuing education credits.

### **New York State Education Department's State Board for Psychology Provider Approval:**

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

### **New York State Education Department's State Board for Social Work Provider Approval:**

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to Jeremy Karp at [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu).

## **Participate:**



**Online Platform:** Zoom

**Date:** 5/7/2025

**Time:** 1:00 pm – 4:00 pm Eastern

**Registration Information:** <https://deploymentpsych.org/training>

**Registration Deadline:** One week prior to the start of the class or when registration meets capacity.

**Cancellations/Questions:** Please contact [Jeremy.karp.ctr@usuhs.edu](mailto:Jeremy.karp.ctr@usuhs.edu) if you have any questions or need to cancel your registration.

**Registration Cost/Refunds:** Free for those with a .mil email address. \$10 for all others. Refunds will be authorized if registration is cancelled within 2 weeks prior to the class start.

**Location Information:** Online via Zoom

**Instructional Format:** This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

**System Requirements:**

**Zoom:**

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

**Special Accommodations:** If you require special accommodations due to a disability, please contact Jeremy Karp at [jeremy.karp.ctr@usuhs.edu](mailto:jeremy.karp.ctr@usuhs.edu) 4 weeks prior to the training so that we may provide you with appropriate service.

**Grievances:** For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanely-Hulsey, via email at [amanda.stanley-hulsey.ctr@usuhs.edu](mailto:amanda.stanley-hulsey.ctr@usuhs.edu).

**Instructor Biographies:**

Dr. Brittany Hall-Clark is an Associate Professor within the Division of Behavioral Medicine and the Department of Psychiatry at the University of Texas Health Science Center at San Antonio. She also serves as the Director of Inclusive Behavioral Health Advancement for the STRONG STAR Training Initiative (SSTI). She is a consultant for SSTI as well as the National Center for PTSD Consultation Program. She facilitates consultation groups that focus on the implementation of evidence-based treatments for PTSD as well as culturally oriented groups. She also conducts trainings related to culturally responsive PTSD treatment and practices privately.

**\*\*Dr. Hall-Clark has the following disclosure:** Dr. Hall-Clark is a PRN Consultant for the Organization: Headstrong.