

Considerations for Working with Military Families

Recorded Asynchronous Distance

Description:

This introductory training will provide civilian behavioral health providers with an overview of considerations for working with military-connected families. It will begin by summarizing the basic demographics of military families and identifying unique experiences of military couples, spouses, and children. We will then discuss normative military family life stressors, as well as the benefits of military life. The training will conclude by highlighting a variety of strategies and resources that can be used by providers when working with military-connected families. Content focuses on the application of culturally informed intervention methods for working with military-connected families that have consistent and credible empirical support in the scientific literature.

<u>Instructional Format</u>: This course is a pre-recorded webinar that is available on the Center for Deployment Psychology's website. The participant will watch the full recorded video and take an online post-test

Total CE Credits: 1.75
Total Contact Hours: 1.75

Learning Objectives:

Following the training, attendees will be able to:

- 1. Analyze how the unique demands of military service differentiate military families from their civilian counterparts
- 2. Evaluate the impact of normative military stressors on military families
- 3. Integrate information on military-specific experiences and resources into clinical work with military families

Course Creation Date: 2/9/24

<u>Target Audience:</u> For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory

Agenda:

0h:0m - Begin Considerations for Working with Military Families

Course Intro

Who Are Military Families?



Military Family Life
Working with Military Families
Military Family Resources
Applications to Clinical Practice

1h:53m ET: End military Culture

Continuing Education:

Course Completion Requirements: Participants are required to *watch the full recording*, pass the post-test with a 75% or greater score, and complete the post-training evaluation to obtain CE credit. Participants are required to complete the entire training curriculum. Attendance is monitored via the recording's view progress and recorded completion of the post-test. A post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-registration to complete all CE requirements. CE Credit Certificates will be made available in the learning management system upon completion after all course requirements have been completed.

Participants are given three opportunities to pass the post-test. Credits will not be given if participants cannot pass with a 75% or greater score after three attempts at the post-test.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 1.75 Live, Recorded Webinar continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers



(#SW-0744).

Inquiries regarding CE credits may be directed via email to cdp-certificate-ggg@usuhs.edu.

Participate:

Course Website: https://deploymentpsych.org/certificate_program_homestudy

Course recording will be available via the Panopto video hosting website. Post-test and post-training evaluation will be accessible via Surveymonkey.

Registration Information: Registration will be through the CDP website, at

https://deploymentpsych.org/certificate_program_homestudy

Registration Deadline: This course is on-demand and will be readily available.

Cancellations/Questions: Please contact the CDP Certificate Program Team, at

<u>cdp-certificate-ggg@usuhs.edu</u> if you have any questions or need to cancel your registration.

Registration Cost/Refunds: Free

Required Materials: None

System Requirements: To take the course, participants will require a computer with a high-speed Internet connection (Cable modem/fiber optic) and an updated modern web browser, such as Chrome, Firefox, Safari, etc.

Special Accommodations: If you require special accommodations due to a disability, please contact the CDP Certificate Program Team, at cdp-certificate-ggg@usuhs.edu.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulsey, via email at amanda.stanley-hulsey.ctr@usuhs.edu.

Instructor Biography:

Marjorie Weinstock, Ph.D., is a Senior Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. She joined the CDP in 2009 as a Deployment Behavioral Health Psychologist at the Naval Medical Center San Diego. Prior to joining the CDP, Dr. Weinstock spent three years working for the Navy's Fleet & Family Support Program, where she provided counseling services to military members and their families.

Dr. Weinstock is a graduate of Emory University and received her doctorate in Counseling Psychology from the University at Buffalo. She completed her internship at the Brockton, Massachusetts VA Medical Center and a two-year postdoctoral fellowship in clinical research and addictive disorders at the Brown University Training Consortium.

As the spouse of a recently retired service member, Dr. Weinstock has a first-hand understanding of the



demands of military service on the family. In her current role she is engaged in the development and presentation of trainings for behavioral health clinicians to improve their competency in working with both service members and their families. Her professional interests include deployment-related mental health issues, cognitive behavioral therapy, suicide prevention, and the impact of military life on the family.

**There is no commercial support or conflict of interest to report for this presenter.