



Assessing Military Clients for Trauma and Post-Traumatic Stress Disorder

Recorded Asynchronous Distance

Description:

This workshop will review a method for screening, assessing, and treatment outcome monitoring of Posttraumatic Stress Disorder (PTSD) centered on the use of the PTSD Checklist for DSM-5 (PCL-5). Participants will be introduced to VA/DOD best practices for diagnosing military-related PTSD including screening for trauma-related disorders, obtaining thorough military and trauma histories, conducting a semi-structured diagnostic interview, and using self-report measures to track treatment outcome. DSM-5 diagnostic criteria for PTSD as well as Other Unspecified Specified Trauma and/or Stressor-Related Disorders are reviewed. Tools for assessing PTSD and common comorbid conditions are discussed including appropriate use of the PCL-5, Life Events Checklist for DSM-5 (LEC-5), Patient Health Questionnaire-9 (PHQ-9), and Alcohol Use Disorders Identification Test-Consumption Questions (AUDIT-C). Semi-structured clinical interviewing techniques are reviewed as they relate to screening, diagnostic assessment, and tracking treatment outcomes. Unique variables that can impact the assessment and feedback process with a military population are identified.

Instructional Format: This course is a pre-recorded webinar that is available on the Center for Deployment Psychology's website. The participant will watch the full recorded video and take an online post-test

Total CE Credits: 3.75

Total Contact Hours: 3.75

Learning Objectives:

Following the training, attendees will be able to:

1. Analyze how the unique demands of military service differentiate military families from their civilian counterparts
2. Evaluate the impact of normative military stressors on military families
3. Integrate information on military-specific experiences and resources into clinical work with military families

Course Creation Date: 2/9/24

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory



Agenda:

0h:0m – Begin PTSD Assessment

Welcome and Introductions

Section 1: Assessing Trauma History

Screening for PTSD

Section 3: Assessing Symptom of PTSD with a Clinical Interview

Section 4: Providing Feedback and Treatment Planning

Closing, Q&A

3h:49m End PTSD Assessment

Continuing Education:

Course Completion Requirements: Participants are required to *watch the full recording*, pass the post-test with a 75% or greater score, and complete the post-training evaluation to obtain CE credit. Participants are required to complete the entire training curriculum. Attendance is monitored via the recording's view progress and recorded completion of the post-test. A post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-registration to complete all CE requirements. CE Credit Certificates will be made available in the learning management system upon completion after all course requirements have been completed.

Participants are given three opportunities to pass the post-test. Credits will not be given if participants cannot pass with a 75% or greater score after three attempts at the post-test.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 3.75 Live, Recorded Webinar continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists



(#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to cdp-certificate-ggg@usuhs.edu.

Participate:

Course Website: https://deploymentpsych.org/certificate_program_homestudy

Course recording will be available via the Panopto video hosting website. Post-test and post-training evaluation will be accessible via SurveyMonkey.

Registration Information: Registration will be through the CDP website, at https://deploymentpsych.org/certificate_program_homestudy

Registration Deadline: This course is on-demand and will be readily available.

Cancellations/Questions: Please contact the CDP Certificate Program Team, at cdp-certificate-ggg@usuhs.edu if you have any questions or need to cancel your registration.

Registration Cost/Refunds: Free

Required Materials: None

System Requirements: To take the course, participants will require a computer with a high-speed Internet connection (Cable modem/fiber optic) and an updated modern web browser, such as Chrome, Firefox, Safari, etc.

Special Accommodations: If you require special accommodations due to a disability, please contact the CDP Certificate Program Team, at cdp-certificate-ggg@usuhs.edu.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulsey, via email at amanda.stanley-hulsey.ctr@usuhs.edu.

Instructor Biography:

Kevin M. Holloway, Ph.D., is a licensed clinical psychologist working as Director, Online Training, Technology, and Telehealth (OT3) at the Center for Deployment Psychology (CDP) and Assistant Professor of Medical and Clinical Psychology at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. In this capacity, he leads a team of subject matter experts and support staff to develop and present workshops across the world to military and civilian audiences on topics in deployment behavioral health and evidence-based therapies for Posttraumatic Stress Disorder (PTSD). Additionally, he leads a team of mental health subject matter experts and technology experts to develop and disseminate technology solutions to improve access to and quality of professional training. This



team was recognized as Gold Medal winners in the International Serious Play Awards 2019 for Operation AVATAR and Bronze Medal winners in the International Serious Play Awards 2020 for Build a Bedroom, both interactive provider training environments in Second Life.

Dr. Holloway received his Ph.D. in clinical psychology from Brigham Young University in 2004, and completed his doctoral internship at the Portland, Oregon Veterans Administration hospital.

Prior to joining CDP, Dr. Holloway worked at the Department of Defense's National Center for Telehealth and Technology, where he led the Center's Virtual Worlds Program which explored the use of shared virtual environments for immersive, interactive patient education, provider training, and telemental health applications. The program was recognized as a Computerworld Honors Laureate in 2012 for the T2 Virtual PTSD Experience. Dr. Holloway also led or contributed to projects investigating virtual reality exposure (VRE) therapy to treat PTSD, training providers in using VRE, gaming motivation for health applications, and video conferencing for telemental health.

Earlier in his career, Dr. Holloway was a staff psychologist at Madigan Army Medical Center, providing care to active-duty soldiers with an emphasis on combat-related PTSD and other anxiety disorders.

**There is no commercial support or conflict of interest to report for this presenter.