



## **Military Couples and Deployment: Helping Couples Navigate Relationship Changes**

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This 2-hour training provides military and civilian behavioral health providers with information about the impact of deployments on relationships. Various theories will be presented which help explain the interpersonal processes surrounding each stage of the deployment cycle. Utilizing current research, clinical skills and knowledge focused on the reintegration period will be reviewed.

**Target Audience:** For behavioral health/healthcare providers who treat military personnel, veterans, and their families.

**Instructional Level:** Introductory

### **Learning Objectives:**

Attendees will be able to:

1. Utilize knowledge of theories related to interpersonal processes to inform clinical assessment with military couples
2. Differentiate normative relationship changes experienced during each stage of the deployment cycle

### **Agenda**

<b>Welcome and Speaker Intro</b>	<b>12:00pm - 12:05 PM</b>
<b>Speaker Presents</b>	<b>12:05pm - 1:45 PM</b>
<b>Discussion</b>	<b>1:45pm - 2:00PM</b>



## Location Information

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**Location Platform:** Zoom

**Date:** 9 March 2021

**Time:** 12:00 pm - 2:00 pm Eastern

## Participate

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### **Registration Information:**

<https://militaryfamily.secure.force.com/TierSRegistrationForm?sState=Online>

**Cost/Refunds:** Free

### **Special Accommodations:**

If you require special accommodations due to a disability, please contact Janis Flemming at [janis.flemming.ctr@usuhs.edu](mailto:janis.flemming.ctr@usuhs.edu) 4 weeks prior to the training so that we may provide you with appropriate service.



## **Presenters**

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**April Thompson, LCSW,** is a clinical social worker currently working as a Military Behavioral Health Social Worker with the Center for Deployment Psychology (CDP) at the Uniformed Services University (USU) in Bethesda, Maryland. In this capacity, she is responsible for the development and delivery of trainings to military and civilian behavioral health providers on topics including deployment-related mental health issues, suicide prevention, intimate partner violence, couples counseling and military family resilience.

Ms. Thompson received her Bachelor of Arts degree from Pepperdine University in Malibu, CA and her Master of Social Work degree from University of Pennsylvania. The spouse of an active-duty Service member, she has personal and professional experience with many aspects of military life. She worked as a clinical counselor on Army, Navy and Marine Corps bases in Florida, Hawaii, Virginia and Japan. Prior to joining the CDP, Ms. Thompson supervised the clinical care and training of clinical counselors working on Navy bases throughout the United States.

**Marjorie Weinstock, Ph.D.** is a Senior Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. She joined the CDP in 2009 as a Deployment Behavioral Health Psychologist at the Naval Medical Center San Diego. Prior to joining the CDP, Dr. Weinstock spent three years working for the Navy's Fleet & Family Support Program, where she provided counseling services to military members and their families.

Dr. Weinstock is a graduate of Emory University and received her doctorate in Counseling Psychology from the University at Buffalo. She completed her internship at the Brockton, Massachusetts VA Medical Center and a two-year postdoctoral fellowship in clinical research and addictive disorders at the Brown University Training Consortium.

As the spouse of a recently retired Service member, Dr. Weinstock has a first-hand understanding of the demands of military service on the family. In her current role she is engaged in the development and presentation of trainings for behavioral health clinicians to improve their competency in working with both Service members and their families. Her professional interests include deployment-related mental health issues, cognitive behavioral therapy, suicide prevention, and the impact of military life on the family.



## **Continuing Education**

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The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

The Center for Deployment Psychology offers attendees 2 credit hours for participation in this training. Participants attending events in person are required to sign-in at the start of the training and sign-out at the conclusion of the training in order to attain CE credit. Participant attendance data will be collected electronically during webinars. There is a 30-day time limit post-training to complete all CE requirements. Partial credits cannot be issued. Inquiries regarding CE credits may be directed via email to Janis Flemming at [janis.flemming.ctr@usuhs.edu](mailto:janis.flemming.ctr@usuhs.edu).

The CEs provided by the American Psychological Association are acceptable for most licensed professionals when renewing their license and it is our experience that APA CE credits have been recognized by most professional state license boards. However, please check with your board regarding the acceptability of APA CE credits for this activity.