



Safety Planning and Lethal Means Counseling for Veteran and Active-Duty Populations

6 May 2026

A Live, Interactive Webinar

Description:

This 4-hour training course provides an in depth overview of safety planning and lethal means safety counseling for veterans who are at elevated risk. Participants will begin the training learning about suicide prevalence rates for various veteran populations. Learners will examine both the risk and protective factors for veteran groups that are at elevated risk for suicide. The training will also introduce key theories that will provide a framework for understanding and applying clinical intervention for suicide risk. Additionally, participants will learn the rationale and steps for collaboratively developing a safety plan and reducing access to lethal means. Through case examples, discussion and break outs, participants will apply the steps of effective safety planning and lethal means safety planning.

Total CE Credits: 4

Total Contact Hours: 4

Learning Objectives:

Following the training, attendees will be able to:

1. Differentiate warning signs, risk factors, and protective factors when evaluating a client's risk for suicide.
2. Develop and implement a comprehensive safety plan in collaboration with the client.
3. Explain how the four principles of motivational interviewing can be applied to the process of lethal means safety counseling.
4. Integrate best practices of military cultural awareness and sensitivity into means safety counseling to improve clinical outcomes.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Intermediate



Agenda:

12:30 pm - 1:00 pm	Zoom Meeting Room Prep
1:00 pm - 1:05 pm	Introduction, Review of Learning Objectives, Course Overview
1:05 pm - 2:05 pm	Research, Suicide Rates, Risk and Protective Factors, 3-Step Theory of Suicide
2:05 pm - 3:30 pm	Safety Planning Intervention
3:30 pm - 3:45 pm	Break
3:45 PM - 5:00 PM	Lethal Means Safety Counselling
5:00 pm - 5:15 pm	Closing, Q & A

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be available via CE Management system CE21 within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2025-May 19, 2028. Social workers completing this course receive 4 Live, Interactive Webinar continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).



New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to Jeremy Karp at jeremy.karp.ctr@usuhs.edu.

Participate:

Online Platform: Zoom

Date: 6 May 2026

Time: 1:00pm - 5:15pm ET

Registration Information: <https://deploymentpsych.ce21.com/item/2026-ebp-conference>

Registration Deadline: Registration for this training closes one week prior to the training date.

Cancellations/Questions: Please contact jeremy.karp.ctr@usuhs.edu if you have any questions or need to cancel your registration.

Registration Cost/Refunds: \$10

Location Information: Online via Zoom

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Special Accommodations: If you require special accommodations due to a disability, please contact Jeremy Karp at jeremy.karp.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training, including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley, via email at amanda.stanley.ctr@usuhs.edu



Instructor Biographies:

Sarah A. McInerney, Ph.D.

Dr. Sarah McInerney is a Postdoctoral Fellow at the Suicide CPR Initiative, within the F. Edward Herbert School of Medicine, Department of Medical and Clinical Psychology at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. Sarah earned her doctorate in Clinical Psychology with an emphasis in trauma from the University of Colorado – Colorado Springs in 2025. Prior to graduate school, Sarah commissioned into the U.S. Army as a quartermaster officer, serving on active duty for nine years and deploying twice in support of Operation Enduring Freedom. In addition to her position with the lab, Sarah currently serves in the U.S. Army Reserve as an Emergency Preparedness Liaison Officer in support of the Region VIII, Defense Coordinating Element in Denver, Colorado.

**There is no commercial support or conflict of interest to report for this presenter.