

Addressing Suicide with Military-Connected Patients

Recorded Asynchronous Distance

Description:

This training provides a general overview of suicide prevention with military-connected clients. It begins with a comparison of suicide rates for military and civilian populations. Next, it explores myths about suicide and stigma within the military that can result from those myths. Finally, crisis intervention skills are addressed including a review of the steps for safety planning and lethal means safety counseling. The training ends with a review of suggested resources and next steps for additional learning.

<u>Instructional Format</u>: This course is a pre-recorded webinar that is available on the Center for Deployment Psychology's website. The participant will watch the full recorded video and take an online post-test

Total CE Credits: 1.75
Total Contact Hours: 1.75

Learning Objectives:

Following the training, attendees will be able to:

- 1. Develop a safety plan for suicide with patients using the seven-step process
- 2. Apply the principles of lethal means safety counseling when working with patients at risk for suicide

Course Creation Date: 2/16/24

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory

Agenda:

0h:0m - Begin Addressing Suicide Prevention

Suicide overview

Stigma and myths about suicide

Risk and protective factors

Safety planning

Lethal means safety counseling



Next steps

1h:56m - End Addressing Suicide Prevention

Continuing Education:

Course Completion Requirements: Participants are required to *watch the full recording*, pass the post-test with a 75% or greater score, and complete the post-training evaluation to obtain CE credit. Participants are required to complete the entire training curriculum. Attendance is monitored via the recording's view progress and recorded completion of the post-test. A post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-registration to complete all CE requirements. CE Credit Certificates will be made available in the learning management system upon completion after all course requirements have been completed.

Participants are given three opportunities to pass the post-test. Credits will not be given if participants cannot pass with a 75% or greater score after three attempts at the post-test.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 1.75 Live, Recorded Webinar continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to cdp-certificate-ggg@usuhs.edu.



Participate:

Course Website: https://deploymentpsych.org/certificate program homestudy

Course recording will be available via the Panopto video hosting website. Post-test and post-training evaluation will be accessible via Surveymonkey.

Registration Information: Registration will be through the CDP website, at

https://deploymentpsych.org/certificate_program_homestudy

Registration Deadline: This course is on-demand and will be readily available.

Cancellations/Questions: Please contact the CDP Certificate Program Team, at

<u>cdp-certificate-ggg@usuhs.edu</u> if you have any questions or need to cancel your registration.

Registration Cost/Refunds: Free

Required Materials: None

System Requirements: To take the course, participants will require a computer with a high-speed Internet connection (Cable modem/fiber optic) and an updated modern web browser, such as Chrome, Firefox, Safari, etc.

Special Accommodations: If you require special accommodations due to a disability, please contact the CDP Certificate Program Team, at cdp-certificate-ggg@usuhs.edu.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulsey, via email at amanda.stanley-hulsey.ctr@usuhs.edu.

Instructor Biography:

Jeffrey Mann, Psy.D., is a Senior Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) with the Uniformed Services University of the Health Sciences. Dr. Mann is an SME and trainer in Cognitive Behavioral Therapy for Suicide Prevention (CBT-SP) as well as Cognitive Processing Therapy (CPT). He is a Veteran of the United States Air Force (USAF) where he served as a psychologist from 2009 to 2013. In 2013, he deployed to Southwest Asia in support of Operation Enduring Freedom.

Dr. Mann received his bachelor's degree in computer science from DePauw University and his master's and doctorate degrees in clinical psychology from the Adler University, Chicago, with a specialization in primary care psychology. He is a 2010 graduate of the Wilford Hall USAF Medical Center Psychology Residency Program.

Dr. Mann's clinical work has focused on the assessment and treatment of trauma-related mental health conditions, anxiety disorders, insomnia and the use of Telebehavioral Health.

^{**}There is no commercial support or conflict of interest to report for this presenter.