



Military-Connected Couples: An Intervention Model for Treating Infidelity

28 March 2025

A Live, Interactive Webinar

Description:

This training provides active duty and civilian mental health providers with an overview of Dr. Douglas Snyders' three-stage model for treating infidelity. The training begins by defining behaviors that constitute an affair and then explores issues which may be specific to military couples. Next, the three stage model is introduced along with tasks to be accomplished during therapy and treatment goals for each stage. In addition to didactic content, this training incorporates use of videos, role plays, and poll questions as additional opportunities for learning and practice.

Total CE Credits: 4.0

Total Contact Hours: 4.0

Learning Objectives:

Following the training, attendees will be able to:

1. Explain the three stages of Dr. Douglas Snyder's model for treating infidelity.
2. Distinguish the components of an assessment which are critical to understanding the impact of an affair on each partner.
3. Create a formulation model for recognizing couples' vulnerability to an affair.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory/Beginner



Agenda:

Eastern Time

(Please note the correct time for your respective time zone)

12:00 pm – 12:10 pm	Introduction and Review of LOs
12:10 pm - 12:40 pm	Overview of terms/concepts, prevalence, and theories
12:40 pm – 1:55 pm	Stage 1
1:55 pm – 2:10 pm	Break
2:10 pm – 3:00 pm	Stage 2
3:00pm – 4:00 p m	Stage 3
4:00 pm – 4:10 pm	Case Example
4:10pm – 4:15p m	Next Steps & Questions

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval: The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 4.0 Live, Interactive Webinar continuing education credits.



New York State Education Department's State Board for Psychology Provider Approval: The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval: The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at sbhpsupportggg@usuhs.edu.

Participate:

Online Platform: Zoom

Date: 28 March 2025

Time: 12:00 pm – 4:15 pm Eastern

Attendance Requirements: Attendees MUST log into the training via an individual connection rather than as a group using one computer/device. Attendance at the entire training is required to receive CE credits and tier completion. Partial credit cannot be issued.

Registration Information: <https://starproviders.org/providers-home/>

Registration Deadline: Registration will close one business day before the training begins or when registration capacity has been reached.

Cancellations/Questions: Please contact SBHP Support at sbhpsupport-ggg@usuhs.edu if you have any questions or need to cancel your registration

Registration Cost/Refunds: Free

Required Materials: None

Location Information: Online via Zoom

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher



Participants will not have to install any additional programs on their computer to take part. However, a web browser is necessary (Mac users: Chrome or Firefox is recommended to minimize tech issues).

Participants may test their computer's Zoom capabilities by visiting <http://zoom.us/test>. We **recommend all participants test their ability to load Zoom in advance of the training event** to ensure there are no technical difficulties on the morning of the event.

Special Accommodations: If you require special accommodations due to a disability, please contact Ms. Chris Myers at christina.myers.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulsey, via email at amanda.stanley-hulsey.ctr@usuhs.edu

Instructor Biographies:

Brian Ludden, Ed.D., LMHC, LPC, is a Military Behavioral Health Counselor at the Center for Deployment Psychology (CDP) within the Uniformed Services University of the Health Sciences in Bethesda, Maryland. In this role, he supports the implementation and expansion of the Star Behavioral Health Providers Program (SBHP), which trains civilian behavioral health providers to effectively support service members, veterans, and their families. This initiative aims to increase the availability of high-quality behavioral health services, particularly for those in the National Guard and Reserve.

A veteran of the United States Army, Brian transitioned from military service after a medical discharge in 2009 and dedicated his career to mental health support for the armed forces and their families. While serving as the Military Connected Student Support Specialist with the School District of Clay County under a Department of Defense Education Activities (DoDEA) grant, he facilitated the placement of Military and Family Life Counselors (MFLC) in local schools to support military-connected students.

Brian earned his Master of Clinical Mental Health Counseling from the University of North Florida in 2012, followed by a Doctor of Education in Educational Leadership from the same institution in 2017. His extensive clinical experience encompasses community mental health, substance abuse treatment, school-based therapy, specialized therapeutic foster care, pediatric and family-based treatment, and private practice. He specializes in treating anxiety, PTSD, and grief, with a focus over the past 11 years on providing care to military service members and their families.

Identifying as a Humanist Therapist, Brian is dedicated to creating a therapeutic environment where clients feel seen, heard, and empowered. He believes in the inherent potential within everyone to grow, heal, and find meaning in their lives.



April Thompson, LCSW, is the Assistant Director of Special Projects for the Center for Deployment Psychology (CDP) at the Uniformed Services University in Bethesda, Maryland. In that capacity, she is responsible for coordinating with stakeholders across the Department of Defense to develop trainings in response to identified needs. Prior to joining CDP, she worked for the Office of Secretary of Defense within the Military Community and Family Policy component leading the Department's training efforts on prevention and response to domestic abuse and child abuse.

Ms. Thompson received her Bachelor of Arts degree from Pepperdine University and her Master of Social Work degree from University of Pennsylvania. For over 20 years, she has specialized in work with military members and their families. As both a military spouse and clinical social worker, Ms. Thompson is deeply committed to ensuring military service members and their families receive evidence-based, high quality behavioral health care. She has provided services to Army, Navy and Marine Corps families on installations within the US and overseas. Her professional expertise focuses on military culture, suicide prevention, couples and family therapy, and prevention of intimate partner violence and child abuse.

****There is no commercial support or conflict of interest to report for these presenters.**