



# **Tier One: Introduction to Military Culture, Families and Deployment**

April 19, 2024

Portland, OR

## **Description:**

This training is the first of the three tiers and sets the foundation for becoming a Star Behavioral Health Provider (SBHP) and serving military-connected clients through the SBHP registry. The day-long training introduces participants to military culture to include basics about its history, organizational structure, core values, branches of service, mission and operations, as well as the differences between the active and reserve components. Additionally, considerations for working with military-connected families will be discussed such as identifying unique experiences of military couples, spouses, and children and normative military family life stressors that may inform the experiences and clinical presentation of military-connected clients. The training concludes with an overview of the impact of deployment on service members and families, exploring both the unique experiences that service members and families face across the deployment cycle and psychosocial stressors associated with the stages of deployment. Tier One focuses on areas other than assessment and intervention, with a specific emphasis on educating providers about the factors that may impact psychological practice with military-connected clients. The information and contents of this training have consistent and credible empirical support as documented in the scientific literature (Blue Star Families, 2022; Briggs et al., 2020; Meade, 2020; Office of the Deputy Assistant Secretary of Defense, Military Community and Family Policy, 2022; Veri et al., 2021).

Total CE Credits: 6.0

Total Contact Hours: 6.0

## **Learning Objectives:**

Following the training, attendees will be able to:

1. Evaluate the structure and major components of the United States military
2. Analyze common characteristics of the military population and how they compare to the general population
3. Appraise elements of the military experience and lifestyle that are integral to military culture
4. Analyze how the unique demands of military service differentiate military families from their civilian counterparts.
5. Evaluate the impact of normative military stressors on military families.



6. Evaluate the impact of stressors experienced throughout the deployment cycle on service members and military families.
7. Analyze challenges that service members face in achieving successful post-deployment reintegration.

**Target Audience:** For behavioral health providers who treat military personnel, veterans, and their families.

**Instructional Content Level:** Introductory/Beginner

### **Agenda:**

0800-0820	<i>SBHP Overview</i>
0820-0850	<i>Personal Perspective of Military Culture</i>
0850-1000	<i>Military Culture: Enhancing Clinical Competence</i>
1000-1010	Break
1010-1200	<i>Military Culture (Continued)</i>
1200-1300	Lunch (on your own)
1300-1400	<i>The Military Family Experience</i>
1400-1410	Break
1410-1520	<i>Deployment Cycle and Separation Impact: Service members &amp; Military Families</i>
1520-1530	Break
1530-1620	<i>Deployment Cycle (Continued)</i>
1620-1630	Questions and closing

### **Continuing Education:**

**Course Completion Requirements:** Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken manually, through the use of sign in/sign out sheets, and a post training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

### **American Psychological Association Sponsor Approval:**

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

**Association of Social Work Boards Approved Continuing Education Provider Approval:** The Center for



Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 6.0 In-Person Event continuing education credits.

**New York State Education Department's State Board for Psychology Provider Approval:** The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

**New York State Education Department's State Board for Social Work Provider Approval:** The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at [sbhpsupportggg@usuhs.edu](mailto:sbhpsupportggg@usuhs.edu).

**Participate:**

**Date:** 19 April 2024

**Time:** 8:00 am – 4:30 pm Pacific Time

**Registration Information:** <https://starproviders.org/providers-home/>

**Registration Deadline:** Registration will close one business day before the training begins or when registration capacity has been reached. Walk-ins will not be allowed.

**Cancellations/Questions:** Please contact SBHP Support at [sbhpsupport-ggg@usuhs.edu](mailto:sbhpsupport-ggg@usuhs.edu) if you have any questions or need to cancel your registration.

**Registration Cost/Refunds:** Free

**Required Materials:** None

**Location Information: Portland, OR**

**Clackamas Community College**

**Harmony Campus / Room: 170/172**

7738 S.E. Harmony Rd.

Milwaukie, OR 97222



Please arrive 30 minutes prior to the beginning of the training to complete all registration forms and sign-in documents.

**Instructional Format:** Live, in-person

**Special Accommodations:** If you require special accommodation due to a disability, please contact Ms. Chris Myers at [christina.myers.ctr@usuhs.edu](mailto:christina.myers.ctr@usuhs.edu) 4 weeks prior to the training so that we may provide you with appropriate service.

**Grievances:** For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulseley, via email at [amanda.stanley-hulseley.ctr@usuhs.edu](mailto:amanda.stanley-hulseley.ctr@usuhs.edu)

### **Instructor Biographies:**

#### **Beth Conn, LCSW, (MAJ, ORARNG)**

Beth Conn is the Director of Psychological Health for the Oregon National Guard. She received her master's degree in social work from Portland State University in 1994 and has 25 years of social work and counseling experience.

Her career experiences have included juvenile corrections, adoption social work, workshop/conference speaking, teaching, mentoring, and counseling individuals, couples, and groups. Her passion for veterans and experience in working with PTSD led her to seek out a job within the military culture. She began working as a contractor for the National Guard in 2013, and took a direct commission in January 2015, as a full-time Behavioral Health Officer.

She has been married 28 years and is the mother of 4 children. Her oldest daughter is in the Navy Reserves after time as an active-duty Navy Corpsman. Another daughter serves in the Air National Guard. Beth enjoys being active and outside. She loves biking and hiking, reading, and working in her yard.

#### **Eddie Black, B.S. Psychology - Philosophy (SFC (retired), ORARNG)**

Eddie Black served in the Marines as an avionics technician on F/A-18 Hornets from 1989 – 1994 with deployment to Desert Storm. In the Marines he obtained the rank of Sgt E5. In 2004, while attending the University of Oregon, he enlisted into the Oregon Army National Guard and was soon deployed to Iraq for Operation Iraqi Freedom 2. In 2007 he transitioned from C Co 2-162 IN to work as an infantry instructor with 1-249th Regional Training Institute. In 2017 he rejoined C Co 2-162 and deployed to Somalia in 2019/20. He retired from the ORARNG in FEB 2021.

Eddie Black received his Bachelor of Science in Psychology and Philosophy at Portland State University in 2011. From 2008 to 2010 he worked for the Psychiatric Department at Oregon Health and Science Universities (OHSU) as a military culture consultant. From 2007 to 2017 he worked as a group co-facilitator for a The CADRE Program, a domestic violence Batterer Intervention Program (BIP) for veterans in Oregon City. He also worked for the Oregon National Guard Reintegration Team from 2010 to 2012, helping veterans obtain access to care and resources. 2012 to 2015 he served as a Resilience Program Coordinator for the Oregon Army National Guard. Eddie Black also gives presentations around the state on PTSD and Military Culture, Domestic Violence and the Military, Resiliency, CSF2 RTA (resilience training assistant) trainings, peer support training for veterans, Crisis Intervention Training and Veterans for Police, and more. He currently works as the State Coordinator for the Star Behavioral Health Program, from the Center for Deployment Psychology.



\*\*There is no commercial support or conflict of interest to report for these presenters.