



Tier One: Introduction to Military Culture and Deployment

October 29, 2021

A Live, Interactive Webinar

Description:

This training is the first of the three tiers and introduces participants to military culture including core values, terminology, branches of the service and military operations. The unique needs of the National Guard, including the Army and Air Force, are discussed. It also covers the impact of deployment on families and challenges in post-deployment reintegration.

Learning Objectives:

Following the training, attendees will be able to:

1. Differentiate between the three tiers of training in the Star Behavioral Health Providers (SBHP) program
2. Appraise the requirements and benefits of becoming an SBHP registry provider
3. Evaluate the structure and major components of the United States military
4. Analyze common characteristics of the military population and how they compare to the general population
5. Demonstrate the importance of a distinct culture to the military
6. Appraise elements of the military experience and lifestyle that are integral to military culture
7. Distinguish between the three phases of the deployment cycle and the events and stressors common to each phase
8. Assess stressors unique to female service members on deployment
9. Analyze challenges that service members face in achieving successful post-deployment reintegration

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory/Beginner



Agenda:

Tier One: Introduction to Military Culture and Deployment

0900 – 0945 Military Culture: Working with the National Guard/SBHP Overview

0945 – 1030 Personal Perspective of Military Culture

1030 – 1045 Break

1045 – 1215 Military Culture: Enhancing Clinical Competence

1215 – 1315 Lunch (on your own)

1315 – 1445 Military Culture (continued)

1445 – 1455 Break

1455 – 1610 The Deployment Cycle and Its Impact on Service Members and Their Families

1610 – 1620 Break

1620 – 1720 Deployment Cycle (continued)

1720 – 1730 Questions & Closing

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire 1-day training. Partial credits cannot be issued. The Personal Perspective of Military Culture portion of the day is not eligible for CE credits. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive CE credits. There is a 30-day time limit post-training to complete all CE requirements.

CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE)



program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2021 – May 19, 2022. Social workers completing this course receive 6.0 Live, Interactive Webinar continuing education credits.

Inquiries regarding CE credits may be directed via email to katie.medina.ctr@usuhs.edu.

Participate:

Online Platform: Zoom

Date: October 29, 2021

Time: 9:00 am – 5:30pm Eastern

Registration Information: <https://starproviders.org/providers-tier-training/>

Registration Deadline: Registration will close one business day before the training begins or when registration capacity has been reached.

Cancellations/Questions: Please contact Katie Medina at katie.medina.ctr@usuhs.edu if you have any questions or need to cancel your registration.

Registration Cost/Refunds: Free

Required Materials: None

Location Information: Online via Zoom

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Special Accommodations: If you require special accommodations due to a disability, please contact Katie Medina at katie.medina.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at Amanda.milochik.ctr@usuhs.edu.



Instructor Biographies:

Katie Medina, BA, is a Regional Coordinator for the Center for Deployment Psychology. She joined CDP in December 2019 and is based out of Wilton, Maine. Ms. Medina received her bachelor's degree from Arizona State University and has worked in a variety of fields. As a member of the Air Force, she served in Okinawa, Saudi Arabia, and various other locations as an Airborne Cryptologic Linguist. After separating from the Air Force, Ms. Medina went to work for the Defense Intelligence Agency (DIA) in Washington D.C. Subsequently, she was an elementary and middle school teacher in North Carolina and Virginia. Ms. Medina has run her own business and has been an advisor to a business startup as well. She is the wife of a retired Marine and has two children. Her own experiences in the military, working with the military as well as military families, and being a military spouse have given her a unique and thorough base for her current position as a Regional Coordinator.

Jeffrey Mann, Psy.D., is a Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) with the Uniformed Services University of the Health Sciences. Dr. Mann provides support Navy mental health training programs and is a Veteran of the United States Air Force (USAF) where he served as a psychologist from 2009 to 2013. In 2013, he deployed to Southwest Asia in support of Operation Enduring Freedom.

Dr. Mann received his bachelor's degree in computer science from DePauw University and his master's and doctorate degrees in clinical psychology from the Adler School of Professional Psychology, Chicago, with a specialization in primary care psychology. He is a 2010 graduate of the Wilford Hall USAF Medical Center Psychology Residency Program.

Dr. Mann's clinical work has focused on the assessment and treatment of trauma-related mental health conditions, anxiety disorders, insomnia and the use of Telebehavioral Health.