



Training on Assessment of PTSD and Suicide Risk Management in Veterans

Virtual Live CE Activity

Release Date: **March 13–14, 2024**

Program will be repeated on June 5–6, 2024 and August 14–15, 2024

Continuing Education Information

This continuing education activity is provided by AffinityCE and the USU Center for Deployment Psychology. This activity provides continuing education credit for certified counselors, and social workers.

Program Description

Cultural competence for clinicians working with Veterans and Service members includes developing familiarity with unique aspects of military culture that impact clinical care as well as common clinical issues faced by these populations. Accurate and comprehensive assessment of PTSD and suicide risk is important for developing effective treatment plans for Veterans and Service members. This two-day workshop aims to introduce participants to military culture and help them develop skills in assessing for two important clinical issues: post-traumatic stress disorder (PTSD) and suicide risk.

Learning Objectives

At the end of this activity, participants should be able to:

- Describe the structure and major components of the United States military.
- Analyze common characteristics of the military population and how they compare to the general population.
- State the importance of a distinct culture to the military.
- Review the elements of the military experience and lifestyle that are integral to military culture.
- Apply the VA/DOD Guidelines for the Assessment of Trauma and PTSD.
- Discriminate between symptoms of PTSD and other disorders based on the DSM-5.
- Describe the screening, diagnostic assessment, and tracking of treatment outcomes in PTSD patients using the PTSD Checklist for DSM-5 (PCL-5).
- Review the results of diagnostic assessments as well as treatment outcome measures to clients to facilitate effective treatment.
- Describe the suicide risk identification methods, including identifying warning signs, predictive analytics, and screening.
- Explain a comprehensive suicide clinical risk assessment to include a review of assessment goals, suicidal ideation, and history of suicide, and identification of warning signs and both risk and protective factors for suicide.
- Review the results of a suicide clinical risk assessment to develop a suicide risk formulation.
- State the recommendations for the documentation of suicide risk based on the outcomes of the suicide clinical risk assessment.

- Differentiate between acute and chronic suicide risk and descriptors for low, intermediate, and high-risk status.
- Explain the use of lethal means safety counseling as a best practice for suicide risk management.
- List the recommended methods for lethal means safety counseling for firearms, medications, and other environmental risks to US Veterans.
- Review, collaboratively develop and utilize an effective safety plan to mitigate suicide risk.

Registration

Applications can be completed through the AffinityCE registration system, located at <https://cdp.cds.affinityced.com>. All initial applicants will be waitlisted until the application is vetted through the CDP/VA Project Managers. Applicants will be notified by email of the decision within approximately two weeks of the application.

Disclosures

AffinityCE staff, USU Department of Psychology staff, planners, reviewers, and faculty have no relevant financial relationships with ineligible companies to disclose.

Faculty

Kevin Holloway, Ph.D.

Licensed clinical psychologist and Director, Training and Education at the Center for Deployment Psychology (CDP)
Uniformed Services University of the Health Sciences in Bethesda, Maryland

Jenna Ermold, Ph.D.

Clinical psychologist and Assistant Director of Training and Education for the Center for Deployment Psychology
Uniformed Services University, Bethesda, Maryland.

Lisa-Ann Cuccurullo, Ph.D.

Clinical psychologist, National Center for PTSD,
National Prolonged Exposure consultant, VA

Hal S. Wortzel, M.D.

Forensic Neuropsychiatrist, Rocky Mountain MIRECC
Director of Neuropsychiatric Consultation Services and Co-director for the National Suicide Risk Management Consultation Program and Associate Professor of Psychiatry, Neurology and Physical Medicine & Rehabilitation at the University of Colorado

Megan Harvey, Ph.D.

Program Evaluator for the Suicide Risk Management Consultation Program
Consultant for the Advanced Training in the Safety Planning Intervention (ASPI)

Ryan Holliday, Ph.D.

Clinical Research Psychologist, Rocky Mountain Mental Illness Research, Education and Clinical Center for Veteran Suicide Prevention and Assistant Professor at the University of Colorado Anschutz Medical Campus.

Certified Counselors



AffinityCE and the USU Center for Deployment Psychology are cosponsors of this program. This co-sponsorship has been approved by NBCC.

AffinityCE is an NBCC Approved Continuing Education Provider, ACEP No.6593.

The ACEP solely is responsible for this program, including the awarding of NBCC credit.

Continuing Education Credit Available: Up to 14 credit hours

Social Workers

This program is Approved by the National Association of Social Workers (*Approval # 886551225-3875*) for 14 continuing education contact hours.

Other Professionals

All other health care professionals completing this continuing education activity will be issued a statement of participation indicating the number of hours of continuing education credit. This may be used for professional education CE credit. Please consult your accrediting organization or licensing board for their acceptance of this CE activity.

Commercial Support

No commercial support was provided for this activity.

Participation Costs/Refunds

There is no cost to participate in this CE activity and therefore no refund policy due to no cost.

Special Accommodations

If you require special accommodations due to a disability, please contact Micah Salas at micah.salas.ctr@usuhs.edu at least two weeks prior to the training so that we may provide you with appropriate service.

If you have questions regarding the registration application process, including requesting late registration, contact Micah Salas at micah.salas.ctr@usuhs.edu.

CE Inquiries

For all CE policy-related inquiries, please contact us at ce@affinityced.com.

How to Earn CE Credit

Training on Assessment of PTSD and Suicide Risk Management in Veterans

Application to register for the program does not automatically provide access to continuing education credit. After registration approval, you must sign into the CE Center site and evaluate the content of the activity to earn CE credit.

1. Access the CE Center at <https://cdp.cds.affinityced.com>.
2. Select the activity **Training on Assessment of PTSD and Suicide Risk Management in Veterans** (followed by the date at which you will attend the training)
3. Log in to the system using the e-mail address and password you provided when applying to register for the program; note that only approved registrants will be permitted to claim CE credit
4. Verify, correct, or add your information.
5. Proceed to complete the evaluation for the activity.
6. Upon successful completion of the evaluation, you can download your CE certificate. Your CE record will also be stored here for later retrieval.
7. The website is open for completing your evaluation for 30 days after the event.
8. After the web site has closed, you can come back to the site at any time to print your certificate, but you will not be able to add any evaluations.

Please send customer service requests to cds_support+cdp@affinityced.com.