



# Lethal Means Safety Counseling

April 4, 2024

A Live, Interactive Webinar

## **Description:**

This 120-minute training provides behavioral health providers with research-based information about the principles of lethal means safety counseling. It begins by exploring the importance of discussing means as part of suicide prevention interventions. Next, population-level efforts are compared with individual-level initiatives. Key components of Lethal Means Safety Counseling using principles of Motivational Interviewing are explored in depth. Participants view a video of Means Safety Counseling and then are provided with an opportunity to engage in a role play to practice skills introduced. The presentation concludes with an overview of suggested resources for additional learning.

Total CE Credits: 2.0

Total Contact Hours: 2.0

## **Learning Objectives:**

Following the training, attendees will be able to:

1. Evaluate lethal means safety efforts at both a population and individual level.
2. Integrate cultural awareness and sensitivity into semi-structured discussions about lethal means safety.

**Target Audience:** For behavioral health providers who treat military personnel, veterans, and their families.

**Instructional Content Level:** Introductory/Beginner

## **Agenda:**

### **Eastern Time**

*(Please note the correct time for your respective time zone)*

12:00 pm – 12:15 pm	Introduction and review of intersection between lethal means and suicide prevention
12:15 pm - 12:40 pm	Population and Individual Level efforts at
12:40 pm – 1:10 pm	Principles of LMSC

1:10 pm – 1:18 pm	Video example
1:18 pm – 1:55 pm	Role Play & challenges
1:55 pm – 2:00 pm	Review resources and wrap up

### **Continuing Education:**

**Course Completion Requirements:** Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

#### **American Psychological Association Sponsor Approval:**

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

**Association of Social Work Boards Approved Continuing Education Provider Approval:** The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 2.0 Live, Interactive Webinar continuing education credits.

**New York State Education Department's State Board for Psychology Provider Approval:** The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

**New York State Education Department's State Board for Social Work Provider Approval:** The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at [sbhpsupport@ggg@usuhs.edu](mailto:sbhpsupport@ggg@usuhs.edu).

## **Participate:**

**Online Platform:** Zoom

**Date:** April 4, 2024

**Time:** 12:00 pm – 2:00 pm Eastern

*Please note the correct time for your respective time zone*

**Attendance Requirements:** Attendees MUST log into the training via an individual connection rather than as a group using one computer/device. Attendance at the entire training is required to receive CE credits and tier completion. Partial credit cannot be issued.

**Registration Information:** <https://starproviders.org/providers-home/>

**Registration Deadline:** Registration will close one business day before the training begins or when registration capacity has been reached.

**Cancellations/Questions:** Please contact SBHP Support at [sbhpsupport-ggg@usuhs.edu](mailto:sbhpsupport-ggg@usuhs.edu) if you have any questions or need to cancel your registration

**Registration Cost/Refunds:** Free

**Required Materials:** None

**Location Information:** Online via Zoom

**Instructional Format:** This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

### **System Requirements:**

#### **Zoom:**

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari7+
- Hardware: 1Ghz processor or higher

Participants will not have to install any additional programs on their computer to take part. However, a web browser is necessary (Mac users: Chrome or Firefox is recommended to minimize tech issues).

Participant's may test their computer's Zoom capabilities by visiting <http://zoom.us/test>. We **recommend all participants test their ability to load Zoom in advance of the training event** to ensure there are no technical difficulties the morning of the event.

**Special Accommodations:** If you require special accommodations due to a disability, please contact Ms. Chris Myers at [christina.myers.ctr@usuhs.edu](mailto:christina.myers.ctr@usuhs.edu) 4 weeks prior to the training so that we may provide you with appropriate service.

**Grievances:** For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at [Amanda.milochik.ctr@usuhs.edu](mailto:Amanda.milochik.ctr@usuhs.edu).

### **Instructor Biographies:**

**Jennifer Nevers, MSW, LCSW,** is a Program Associate for the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. She assists in the implementation and expansion of the Star Behavioral Health Providers Program across the nation. SBHP trains civilian behavioral health providers to work with Service Members, Veterans, and their families. The mission is to expand the availability of high-quality behavioral health services,

especially to those in the reserve component.

Jennifer is a Captain in the Indiana Army National Guard serving as a Behavioral Health Officer with the 738<sup>th</sup> Medical Company Area Support. Jennifer interfaces with Soldiers across Indiana linking currently serving Guardsman to behavioral health services. Prior to joining CDP, Jennifer worked with the U.S. Department of Veterans Affairs in the Veterans Justice Outreach Program. Jennifer has over 10 years' experience working as a liaison with problem solving courts and increasing access to care for justice involved Veterans.

Jennifer received her Bachelor of Social Work from Indiana University in 2008 and her Master of Social Work from Washington University in St. Louis in 2009. Jennifer specializes in addressing the unique needs of service members and veterans using evidence-based approaches. Jennifer is certified in Cognitive Processing Therapy, an evidence-based treatment for PTSD and trauma-related disorders.

**\*\*There is no commercial support or conflict of interest to report for these presenters.**