

Military-Connected Couples: An Intervention Model for Treating Infidelity

January 19, 2024

A Live, Interactive Webinar

Description:

This training provides active duty and civilian mental health providers with an overview of Dr. Douglas Snyders' three-stage model for treating infidelity. The training begins by defining behaviors that constitute an affair and then explores issues which may be specific to military couples. Next, the three-stage model is introduced along with tasks to be accomplished during therapy and treatment goals for each stage. In addition to didactic content, this training incorporates use of videos, role plays, and poll questions as additional opportunities for learning and practice.

Total CE Credits: 4.0 Total Contact Hours: 4.0

Learning Objectives:

Following the training, attendees will be able to:

- 1. Explain the three stages of Dr. Douglas Snyder's model for treating infidelity.
- 2. Distinguish the components of an assessment which are critical to understanding the impact of an affair on each partner.
- 3. Create a formulation model for recognizing couples' vulnerability to an affair.

<u>Target Audience:</u> For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory/Beginner

Agenda:

Eastern Time

(Please note the correct time for your respective time zone)

12:00 pm - 12:10 pm	Introduction and Review of LOs
12:10 pm - 12:40 pm	Overview of terms/concepts, prevalence, and theories
12:40 pm - 1:55 pm	Stage 1
1:55 pm - 2:10 pm	Break



2:10 pm - 3:00 pm	Stage 2
3:00pm - 4:00 pm	Stage 3
4:00 pm - 4:10 pm	Case Example
4:10pm -4:15pm	Next Steps & Questions

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 4.0 Live, Interactive Webinar continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at <u>sbhpsupport-ggg@usuhs.edu</u>.



Participate:

Online Platform: Zoom

Date: January 19, 2024

Time: 12:00 pm - 4:15 pm Eastern

Please note the correct time for your respective time zone

Attendance Requirements: Attendees MUST log into the training via an individual connection rather than as a group using one computer/device. Attendance at the entire training is required to receive CE credits and tier completion. Partial credit cannot be issued.

Registration Information: https://starproviders.org/providers-home/

Registration Deadline: Registration will close one business day before the training begins or when registration capacity has been reached.

Cancellations/Questions: Please contact SBHP Support at sbhpsupport-ggg@usuhs.edu if you have any

questions or need to cancel your registration

Registration Cost/Refunds: Free

Required Materials: None

Location Information: Online via Zoom

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Participants will not have to install any additional programs on their computer to take part. However, a web browser is necessary (Mac users: Chrome or Firefox is recommended to minimize tech issues).

Participant's may test their computer's Zoom capabilities by visiting http://zoom.us/test. We recommend all participants test their ability to load Zoom in advance of the training event to ensure there are no technical difficulties the morning of the event.

Special Accommodations: If you require special accommodations due to a disability, please contact Ms. Chris Myers at christina.myers.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at Amanda.milochik.ctr@usuhs.edu.



Instructor Biographies:

April Thompson, LCSW, is the Assistant Director of Special Projects for the Center for Deployment Psychology (CDP) at the Uniformed Services University in Bethesda, Maryland. In that capacity, she is responsible for coordinating with stakeholders across the Department of Defense to develop trainings in response to identified needs. Prior to joining CDP, she worked for the Office of Secretary of Defense within the Military Community and Family Policy component leading the Department's training efforts on prevention and response to domestic abuse and child abuse.

Ms. Thompson received her Bachelor of Arts degree from Pepperdine University and her Master of Social Work degree from the University of Pennsylvania. For over 20 years, she has specialized in work with military members and their families. As both a military spouse and clinical social worker, Ms. Thompson is deeply committed to ensuring military service members and their families receive evidence-based, high quality behavioral health care. She has provided services to Army, Navy and Marine Corps families on installations within the US and overseas. Her professional expertise focuses on military culture, suicide prevention, couples and family therapy, and prevention of intimate partner violence and child abuse.

Marjorie Weinstock, Ph.D., is a Senior Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. She joined the CDP in 2009 as a Deployment Behavioral Health Psychologist at the Naval Medical Center San Diego. Prior to joining the CDP, Dr. Weinstock spent three years working for the Navy's Fleet & Family Support Program, where she provided counseling services to military members and their families.

Dr. Weinstock is a graduate of Emory University and received her doctorate in Counseling Psychology from the University at Buffalo. She completed her internship at the Brockton, Massachusetts VA Medical Center and a two-year postdoctoral fellowship in clinical research and addictive disorders at the Brown University Training Consortium.

As the spouse of a recently retired service member, Dr. Weinstock has a first-hand understanding of the demands of military service on the family. In her current role she is engaged in the development and presentation of trainings for behavioral health clinicians to improve their competency in working with both service members and their families. Her professional interests include deployment-related mental health issues, cognitive behavioral therapy, suicide prevention, and the impact of military life on the family.

^{**}There is no commercial support or conflict of interest to report for these presenters.