



Provider Sustainment

February 20, 2024

A Live, Interactive Webinar

Description:

This three hour training will focus on provider self-care and will help identify three areas to explore as providers create a personalized plan. The course will analyze the importance of sustainment as a way of reducing or eliminating burnout in behavioral health providers. Available self-assessment tools will be reviewed and appropriate uses for each discussed. Attendees will begin to develop a sustainment plan that includes personal, professional, and organizational strategies. This workshop is designed for mental health professionals and trainees.

Total CE Credits: 3.0

Total Contact Hours: 3.0

Learning Objectives:

Following the training, attendees will be able to:

1. Analyze importance of sustainment
2. Review available self-assessment tools for sustainment
3. Identify one personal, professional, and organizational strategy for sustainment

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory/Beginner

Agenda:

Eastern Time

(Please note the correct time for your respective time zone)

TIME	TOPIC
1200-1215	Introduction to Provider Sustainment
1215-1245	Defining Occupational Hazards
1245-1315	Research and Impact of COVID-19
1315-1330	Break
1330-1415	Self-Assessment Tools
1415-1515	Sustainment Strategies
1515	Closing & CEs



Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 3.0 Live, Interactive Webinar continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at sbhpsupport-ggg@usuhs.edu.

Participate:

Online Platform: Zoom

Date: February 20, 2024

Time: 12:00 pm – 3:15 pm Eastern

Please note the correct time for your respective time zone

Attendance Requirements: Attendees MUST log into the training via an individual connection rather than as a group using one computer/device. Attendance at the entire training is required to receive CE credits and tier completion. Partial credit cannot be issued.



Registration Information: <https://starproviders.org/providers-home/>

Registration Deadline: Registration will close one business day before the training begins or when registration capacity has been reached.

Cancellations/Questions: Please contact SBHP Support at sbhpsupport-ggg@usuhs.edu if you have any questions or need to cancel your registration

Registration Cost/Refunds: Free

Required Materials: None

Location Information: Online via Zoom

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Participants will not have to install any additional programs on their computer to take part. However, a web browser is necessary (Mac users: Chrome or Firefox is recommended to minimize tech issues).

Participant's may test their computer's Zoom capabilities by visiting <http://zoom.us/test>. We **recommend all participants test their ability to load Zoom in advance of the training event** to ensure there are no technical difficulties the morning of the event.

Special Accommodations: If you require special accommodations due to a disability, please contact Ms. Chris Myers at christina.myers.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at Amanda.milochik.ctr@usuhs.edu.

Instructor Biographies:

Jennifer Nevers, MSW, LCSW, is a Program Associate with the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. She assists in the implementation and expansion of the Star Behavioral Health Providers (SBHP) Program across the nation. SBHP trains civilian behavioral health providers to work with service members, veterans, and their families. The mission is to expand the availability of high-quality behavioral health services, especially to those in the reserve component.

Jennifer is a Captain in the Indiana Army National Guard serving as a Behavioral Health Officer with the 738th Medical Company Area Support. Jennifer interfaces with service members across Indiana linking National Guard Soldiers to behavioral health services. Prior to joining CDP, Jennifer worked with the U.S. Department of Veterans Affairs in the Veterans Justice Outreach Program. Jennifer has over 10 years'



experience working as a liaison with problem solving courts and increasing access to care for justice-involved Veterans.

Jennifer received her Bachelor of Social Work from Indiana University in 2008 and her Master of Social Work from Washington University in St. Louis in 2009. Jennifer specializes in addressing the unique needs of service members and veterans using evidence-based approaches. Jennifer is certified in Cognitive Processing Therapy, an evidence-based treatment for PTSD and trauma-related disorders.

****There is no commercial support or conflict of interest to report for these presenters.**