Center for Deployment Psychology: Military-Specific Evidence-Based Psychotherapy (EBP) Webinar FAQs

Continuing Education Credits (CEs)/Certificates

- How many CEs will I earn? Our EBPs offer 14 APA credits when sponsored by CDP. Please refer to the APA memo and/or the EBP flyer which spells out the exact number provided for full attendance (partial credit is not offered). Your workshop POC can provide this flyer and/or APA memo to you. If you are not a psychologist, you are still welcome to participate and arrange for your own credits through your licensing board or state agency. Please note our workshops are meant for providers with a clinical caseload.
- I am a M.D., will I receive CMEs? We are not able to provide CMEs but you are welcome to arrange for your own through your licensing board (we are unable to help with this process).
- What is the process to get CEs? EBP webinars arranged for specific military sites will have attendance tracked by the Zoom web conferencing platform. Partial credits are not offered so you must attend the full two days, and we are not responsible for technical problems. All participants must be on separate laptops and should not share equipment to participate. A link to the APA evaluation will be given at the end of day two and completion is required to earn CEs. Following the webinar, an official CE certificate will be individually emailed to all completers within two weeks.
- Can I give an anonymous evaluation for the EBP training? We send out an online post-survey following an EBP webinar in which you may rate everything anonymously and receive a simple Completion Certificate from the CDP (this is not related to CEs). Whether commenting here or through the APA evaluation, we always appreciate your honest feedback and take all comments into consideration to improve future workshops.
- Does the CDP offer certification for EBP trainings? No, we do not offer certification.
- I took an EBP workshop with you in the past when there was a different credits administrator, and now I have questions about those CEs. Who should I talk to? Most EBP workshops that the CDP held prior to September 2019 were through PESI, so please contact their credits administrator (be sure to provide the topic, date, and location of the workshop): Chelsea Stickley at cstickley@pesi.com or 800-844-8079 x5224. If your info is not in their files then the credits may have been through another entity in that case, contact Kris Hannah for details at kristin.hannah.ctr@usuhs.edu.

Cost

• What does the military EBP webinar cost? It's free! The training, handouts, and CEs are covered by our DoD funding for this program. If you attend the PE or CPT webinars, you will need to purchase a manual – more details will be given once registered.

Eligibility to Attend

- Who is allowed to attend this webinar? All Tri-Service Active Duty, DoD-GS, and DoD-contractor behavioral health providers with a clinical caseload of Service members on a military base are allowed to participate in any EBP webinar held for a military site. Nurses, nurse practitioners, clinical nurse specialists may attend as well if they meet this criteria. If you have a military email address and fit this description, generally you are eligible. Currently we are unable to accommodate non-DoD providers at military-specific EBP webinars (such as VA, TRICARE, or other community clinicians), but encourage all others to check our website training schedule for publicly-offered EBP alternatives.
- If I am a military/DoD behavioral health clinician and can't attend this webinar, where can I find other training events? Please visit https://deploymentpsych.org/training for a full schedule of our upcoming trainings.
- I know someone who isn't a behavioral health professional but is fascinated in this subject and wants to be supportive to the military, can they attend? Only behavioral health professionals that work in or for the military may attend military-specific EBP webinars. These are advanced clinical-skills trainings specifically for providers with a clinical caseload.

- If I am a military intern/resident/behavioral health tech and can't earn the CE credits for this EBP webinar, may I attend anyway? We have limited space available for senior-level techs, residents and interns, so please contact Ms. Kris Hannah for more information at kristin.hannah.ctr@usuhs.edu. If approved, you must register with the understanding that this is intensive clinical training (including role-playing), and the full two days participation will be required. Further, you must still fill out all CE paperwork even if you're not seeking credits.
- I can't attend the webinar but am interested in the subject/could use this in my practice/need this for my upcoming deployment, so may I have the materials sent to me? Sorry, we cannot provide materials to those that don't attend the training. However, the CDP offers helpful deployment-related resources on our website including articles, practice guidelines, and online trainings. Please visit our website at http://deploymentpsych.org.
- I can't attend the webinar but know others that might be interested, may I pass them the information? Absolutely! We encourage all eligible behavioral health providers to share information about our military EBP trainings, whether by forwarding our flyers or by passing along our frequently-updated website training schedule: https://deploymentpsych.org/training.
- I am a civilian TRICARE provider, may I attend this military-specific EBP webinar? Providers with military email addresses are eligible to attend. Currently our EBP workshops at or for military installations are for Active Duty/DoD-GS/DoD-contractor clinicians as described in detail above. Please consider attending an EBP training from our standard webinar program which is held year-round and always open to civilian providers the schedule is found at https://deploymentpsych.org/training.
- I am a VA clinician, may I attend this military-specific EBP webinar? Our EBP workshops at or for military installations are for Active Duty/DoD-GS/DoD-contractor clinicians as described above. We recommend you contact your VISN or EBP Coordinator further for training opportunities, or attend one of our standard EBP webinars as described above.

How to Register

- Is there a registration link, and how do I get it? To register for a military-specific EBP workshop you must reach out to the point of contact (POC) directly or follow the registration link on the original EBP workshop advertisement you've received. Registration links for military-specific webinars are not listed on our website.
- Why can't you register me if I email you? Military EBP registrations are managed by a POC at the installation.
- I'm not sure yet if I can attend this webinar but can you reserve a space for me? Sorry, due to the popularity of our trainings and limited space, we cannot hold a tentative registration for you. If you do register but can't attend, please let us know immediately so someone else can have your space.
- The military EBP webinar has filled up and registration has closed. Is there a waiting list you can add me to? Please talk to your POC about a waiting list. Typically a waiting list will be started and should space become available, you will be notified.
- Can you put me on your mailing list for future military-specific trainings? We do not have a mailing list for military-specific workshops/webinars but you can usually find those listed on our website's training calendar. To sign up for notifications about our standard webinar program which allows unlimited civilian providers, however, you can submit your contact info here: http://eepurl.com/0X4HX. Those webinar registrations typically open 90 days prior to a training date.
- Will the training be recorded so I can watch it later? No, we do not offer recordings of our EBP trainings whether in-person or online.
- What if I have to cancel? Please contact your POC or Kris Hannah at kristin.hannah.ctr@usuhs.edu immediately to cancel so they may offer your space to another provider.
- Can you tell me more about your "standard/public EBP program"? Our five EBP topics are held multiple times throughout the year as webinars. All CDP training opportunities can be found at https://deploymentpsych.org/training, and the list is regularly updated as dates are arranged. Standard EBP webinars are open to both military and civilian providers, provide the exact same training as on-site military webinars, and require a \$45 fee to cover CE costs. Every topic offered is time-shifted at least once each year to better accommodate participants from the West Coast. Please submit your information here to be notified when the next one opens: http://eepurl.com/0X4HX. Webinar registrations typically open 90 days prior to each training, and these are popular so we strongly recommend registering immediately for anything of interest that you see. Registration links for this

program will always be listed on the website when opened. Webinar platforms include Zoom and Second Life, and specific information about each will be found in registration information on our website.

Logistics

- What are the logistical requirements for this webinar?
 - All participants will need to login from an individual computer for tracking purposes, and to earn CEs.
 - Webcams are not necessary but microphones are <u>required</u> for role plays, and we strongly recommend the use of headphones for better quality sound.
 - Training materials will be offered as PDFs through a link in Zoom on the first training day, and APA CEs will be emailed to completers several weeks later.
 - Zoom is browser-based, however an add-in may first need to be installed on one's computer before attending. Participants can test their computer's capabilities by visiting https://zoom.us/test. We recommend those using Internet connections on government or military locations test their ability to load Zoom in advance of the training to ensure there are no technical difficulties, such as bandwidth limitations or strict firewalls.
- What time is the training? All military EBP webinars run from 0800-1630 in the local time of the hosting installation. Please log in 15-20 minutes in advance to ensure your connection is working and to hear opening instructions. A lunch break is typically held from about 1200-1300, and regular short breaks are announced throughout the day by the instructor.
- What if my computer crashes during the webinar? Zoom tracks every login/logout for participants, so immediately try to log back in additional trouble-shooting information will be given to registrants prior to the webinar. We cannot be held responsible for technical problems with your equipment or system during the webinar.
- What if I need to leave early? In order to receive credits for the training, you must attend the full two days and complete an evaluation distributed at the end of the last day. Please see the first section of this FAQ for more details about CEs and attendance. Should you have an unforeseen emergency that requires your early departure during a training, please let the instructor or CDP staff know immediately.
- This training was great! How can I find out about future ones? As new EBP webinars are arranged they are posted on CDP's website: https://deploymentpsych.org/training.

Cancellations/Postponements

• What is your cancellation policy for military-specific EBP webinars? CDP trainings are rarely canceled or postponed, but if that becomes a necessity then all registered participants will be notified via email at least 24 hours in advance by either the POC or CDP directly. We will make every effort to keep all registrants immediately informed of our plan.

Accessibility

• I require specific aids or services per the Americans with Disabilities Act, whom do I speak to regarding assistance? Please contact your POC directly or Kris Hannah immediately to discuss your specific needs (kristin.hannah.ctr@usuhs.edu).