Center for Deployment Psychology: Military-Specific Evidence-Based Psychotherapy (EBP) Webinar FAQs

Continuing Education Credits (CEs)/Certificates

- How many CEs will I earn? Our EBPs typically offer 14 credits when sponsored by CDP. Please refer to the CE memo and/or the EBP flyer which spells out the exact number provided for full attendance (partial credit is not offered). If you are not a psychologist or social worker, you are still welcome to participate and arrange for your own credits through your licensing board or state agency. Please note our military EBP trainings are meant for providers with a clinical caseload.
- I am a M.D., will I receive CMEs? We are not able to provide CMEs but you are welcome to arrange for your own through your licensing board (we are unable to help with this process).
- What is the process to get CEs? EBP webinars arranged for military providers will have attendance tracked by the Zoom web conferencing platform. Partial credits are not offered so you must attend the full two days, and we are not responsible for technical problems. The grace period for absences is 30 minutes total across the two days. All participants must be on separate laptops and should not share equipment to participate. A link to the webinar evaluation will be given at the end of day two and completion is required to earn CEs. Following the webinar, an official CE certificate will be individually emailed to all completers in two weeks.
- Can I give an anonymous evaluation for the EBP training? We send out a webinar evaluation following a webinar, followed by an anonymous post-survey. Whether commenting on either one, we always appreciate your honest feedback and take all comments into consideration to improve future trainings.
- Does the CDP offer certification for EBP trainings? No, we do not offer certification.
- I took an EBP workshop with you in the past when there was a different credits administrator, and now I have questions about those CEs. Who should I talk to? Most EBP workshops that the CDP held prior to September 2019 were through PESI, so please contact their credits administrator (be sure to provide the topic, date, and location of the workshop): Lori Manning at 800.647.8079 x5257 or Deanna Cantley at 800-647-8079 x8178. If your info is not in their files then the credits may have been through another entity in that case, contact Katie Medina for details at katie.medina.ctr@usuhs.edu.

Cost

• What does the military EBP webinar cost? It's free! The training, handouts, and CEs are covered by our DoD funding for this program. If you attend the PE or CPT webinars, you will need to purchase a manual – more details will be given once registered.

Eligibility to Attend

- Who is allowed to attend this webinar? All Tri-Service Active Duty, DoD-GS, and DoD-contractor behavioral health providers with a clinical caseload of service members on a military base are allowed to participate in any EBP webinar held for a military site. Nurses, nurse practitioners, clinical nurse specialists may attend as well if they provide conventional psychotherapy. If you have a military email address (.mil) and fit this description, generally you are eligible. Currently we are unable to accommodate non-DoD providers at military-specific EBP webinars (such as VA, TRICARE, or other community clinicians), but encourage all others to check our website training schedule for publicly-offered EBP webinars.
- If I am a military/DoD behavioral health clinician and can't attend this webinar, where can I find other training events? Please visit https://deploymentpsych.org/training for a full schedule of our upcoming trainings. You are eligible to attend any publicly-offered webinar you see there.
- I know someone who isn't a behavioral health professional but is fascinated in this subject and wants to be supportive to the military, can they attend? Only behavioral health professionals that work in or for the military may attend military-specific EBP webinars. These are advanced clinical-skills trainings specifically for providers with a clinical caseload. However, please see our website for ondemand trainings, found here: https://deploymentpsych.org/content/self-paced-elearning-courses.

- If I am a military intern/resident/behavioral health tech and can't earn the CE credits for this EBP webinar, may I attend anyway? We have limited space available for senior-level techs, residents and interns, so please contact Katie Medina for more information at katie.medina.ctr@usuhs.edu. If approved, you must register with the understanding that this is intensive clinical training (including role-playing), and the full two days participation will be required. Further, you must still fill out all CE paperwork even if you're not seeking credits.
- I can't attend the webinar but am interested in the subject/could use this in my practice/need this for my upcoming deployment, so may I have the materials sent to me? Sorry, we cannot provide materials to those who don't attend the training. However, the CDP offers helpful deployment-related resources on our website including articles, practice guidelines, and online trainings. Please visit our website at http://deploymentpsych.org for more information.
- I can't attend the webinar but know others that might be interested, may I pass them the information? Absolutely! We encourage all eligible behavioral health providers to share information about our military EBP trainings, whether by forwarding our flyers or by passing along our frequently-updated website training schedule: https://deploymentpsych.org/training.
- I am a civilian TRICARE provider, may I attend this military-specific EBP webinar? Currently our EBP trainings for military installations are for Active Duty/DoD-GS/DoD-contractor clinicians as described in detail above, and one must have a .mil email address. Please consider attending an EBP training from our public webinar program which are always open to civilian providers the schedule is found at https://deploymentpsych.org/training.
- I am a VA clinician, may I attend this military-specific EBP webinar? Our EBP trainings for military installations are for Active Duty/DoD-GS/DoD-contractor clinicians as described above. We recommend you contact your VISN or EBP Coordinator further for training opportunities, or attend one of our public EBP webinars as described above.

How to Register

- Is there a registration link, and how do I get it? To register for a military-specific EBP training you must follow the registration link on the advertisement you've received for it, or register via the CDP website listing for that date. Dates are posted to the website once arrangements are finalized.
- Why can't you register me if I email you the info? We do not have the manpower to manually
 register interested providers, so please register via the website link or through your designated site
 POC.
- I'm not sure yet if I can attend this webinar but can you reserve a space for me? Sorry, due to the popularity of our trainings and limited space, we cannot hold a tentative registration for you. If you do register but can't attend, please let us know immediately so someone else can have your space.
- The military EBP webinar has filled up and registration has closed. Is there a waiting list you can add me to? The website listing will indicate whether a waiting list is available for a particular training date. Should space become available, you will be notified.
- Can you put me on your mailing list for future military-specific trainings? Yes, we do have a
 mailing list for military-specific workshops/webinars but you can also find those listed on our website's
 training calendar. Also, to sign up for notifications about our public EBP program (which allows
 unlimited civilian providers), you can submit your contact info here: https://deploymentpsych.org/CDP-MED-Opt-In. Public webinar registrations typically open 90 days prior to a training date.
- Will the training be recorded so I can watch it later? No, we do not offer recordings of our EBP webinars.
- What if I have to cancel? Please contact your designated POC or Katie Medina at katie.medina.ctr@usuhs.edu immediately to cancel so they may offer your space to another provider.
- Can you tell me more about your "public EBP program"? Our EBP topics are held multiple times throughout the year as webinars. All CDP training opportunities can be found at https://deploymentpsych.org/training, and the list is regularly updated as dates are arranged. Public EBP webinars are open to both military and civilian providers, provide the exact same training as on-site military webinars, and require a \$45 fee to cover CE costs. Every topic offered is time-shifted at least once each year to better accommodate participants from the West Coast. Please submit your information here to be notified when the next one opens: https://deploymentpsych.org/CDP-MED-Opt-In. Webinar registrations typically open 90 days prior to each training, and these are popular so we

strongly recommend registering immediately for anything of interest that you see. Registration links for this program will always be listed on the website when opened. Webinar platforms for public trainings include Zoom and Second Life, and specific information about each will be found in its registration information on our website.

Logistics

- What are the logistical requirements for this webinar?
 - All participants will need to login from an individual computer for tracking purposes, and to earn CEs.
 - Webcams are not necessary but microphones are <u>required</u> for role plays, and we strongly recommend the use of headphones for better quality sound.
 - Training materials will be offered in advance as PDFs (manuals must be purchased separately), and CEs will be emailed to all completers several weeks later.
 - Zoom is browser-based, however an add-in may first need to be installed on one's computer before attending. Participants can test their computer's capabilities by visiting https://zoom.us/test. We recommend those using Internet connections on government or military locations test their ability to load Zoom in advance of the training to ensure there are no technical difficulties, such as bandwidth limitations or strict firewalls.
- What time is the training? Specific times for our military EBP webinars will be listed on their registration page. Please log in 15-20 minutes early to ensure your connection is working and to hear opening instructions. A lunch break is typically held mid-day, and several short breaks are announced throughout the day by the instructor.
- What if my computer crashes during the webinar? Zoom tracks every login/logout for participants, so immediately try to log back in additional trouble-shooting information will be given to registrants prior to the webinar. We cannot be held responsible for technical problems with your equipment or system during the webinar, and there is only a 30-minute grace period for absences across the two days to still earn CEs.
- What if I need to leave early? In order to receive credits for the training, you must attend the full two
 days. Please see the first section of this FAQ for more details about CEs and attendance. Should you
 have an unforeseen emergency that requires your early departure during a training, please let the
 instructor or CDP staff know immediately. We cannot offer credits to anyone absent for more than 30
 minutes across the two training days.
- This training was great! How can I find out about future ones? As new EBP webinars are arranged they are posted on CDP's website: https://deploymentpsych.org/training.

Cancellations/Postponements

• What is your cancellation policy for military-specific EBP webinars? CDP trainings are rarely canceled or postponed, but if that becomes a necessity then all registered participants will be notified via email at least 24 hours in advance by either the POC or CDP directly. We will make every effort to keep all registrants immediately informed of our plan.

Accessibility

• I require specific aids or services per the Americans with Disabilities Act, whom do I speak to regarding assistance? Please contact your POC directly or Katie Medina immediately to discuss your specific needs at katie.medina.ctr@usuhs.edu.