



Tier Two: Overview of Military Service-Related Behavioral Health Challenges

15 September 2025

A Live, Interactive Webinar

Description:

This training is the second of three tiers. Tier Two provides education about specific behavioral health challenges and difficulties that are often associated with military service. Topics include PTSD, sleep disorders, suicide, and ethics. This program content focuses on application of psychological assessment and intervention method for treating military-connected patients who are experiencing these challenges that have consistent and credible empirical support in the scientific literature, as well as ethical guidance that impacts civilian behavioral health clinicians who work with this population (Department of Veterans Affairs & Department of Defense, 2023; Judkins et al., 2020; Kelly, Robbins & Martin, 2019; Ammerman et al., 2020; Anestis et al., 2021).

Total CE Credits: 7.0

Total Contact Hours: 7.0

Learning Objectives:

Following the training, attendees will be able to:

1. Integrate appropriate screening measures into the assessment of Insomnia and Obstructive Sleep Apnea.
2. Distinguish between patients who do and do not require a referral to a primary care doctor and/or sleep specialist for sleep concerns.
3. Distinguish between Criterion A traumas and other distressing, aversive events.
4. Screen for PTSD utilizing the PCL-5 with incoming clients.
5. Develop a safety plan for suicide with patients using the seven-step process
6. Apply the principles of lethal means safety counseling when working with patients at risk for suicide
7. Evaluate the definition of ethics and how it relates to the role of the mental health provider.
8. Analyze six (6) ethical challenges common to mental health providers working with the military population.
9. Apply knowledge of the ethical decision-making process to military case examples.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Intermediate



Agenda:

Eastern Time

(Please note the correct time for your respective time zone)

11:00 am – 11:15 am	Welcome and Overview
11:15 am - 12:30 pm	Screening for Posttraumatic Stress Disorder
12:30 pm – 12:45 pm	Break
12:45 pm – 2:00 pm	Screening Military Members for Sleep Issues
2:00 pm – 3:00 pm	Lunch Break
3:00 pm – 4:15 pm	Addressing Suicide with Military-Connected Patients
4:15 pm – 4:20 pm	Break
4:20pm – 5:50 pm	Ethical Considerations for Working with Military Members and Veterans
5:50 pm – 6:00 pm	Break
6:00 pm – 7:30 pm	Ethics (continued)

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken through the use of electronic logs, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval: The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2025–May 19, 2028. Social workers completing this course receive 7.0 Live, Interactive Webinar continuing education credits.



New York State Education Department's State Board for Psychology Provider Approval: The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval: The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at sbhpsupportggg@usuhs.edu.

Participate:

Online Platform: Zoom

Date: 15 September 2025

Time: 11:00 am–7:30 pm Eastern

Please note the correct time for your respective time zone

Attendance Requirements: Attendees MUST log into the training on an individual computer/device rather than as a group using one computer/device. Attendance the entire day of training is required to receive CE credits and tier completion. Partial credit cannot be issued.

Registration Information: <https://starproviders.org/providers-home/>

Registration Deadline: Registration will close one business day before the training begins or when registration capacity has been reached.

Cancellations/Questions: Please contact SBHP Support at sbhpsupport-ggg@usuhs.edu if you have any questions or need to cancel your registration

Registration Cost/Refunds: Free

Required Materials: None

Location Information: Online via Zoom

Instructional Format: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions.

System Requirements:

Zoom:

- Internet connection
- Operating System: Windows 7 or higher, Mac OS X with MacOS 10.9 or higher •
- Web Browser: Internet Explorer 11+, Edge 12+, Firefox 27+, Chrome 30+, Safari 7+
- Hardware: 1Ghz processor or higher

Participants will not have to install any additional programs on their computer to take part. However, a web browser is necessary (Mac users: Chrome or Firefox is recommended to minimize tech issues).



Participant's may test their computer's Zoom capabilities by visiting <http://zoom.us/test>. We **recommend all participants test their ability to load Zoom in advance of the training event** to ensure there are no technical difficulties the morning of the event.

Special Accommodations: If you require special accommodations due to a disability, please contact Ms. Chris Myers at christina.myers.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Stanley-Hulsey, via email at amanda.stanley-hulsey.ctr@usuhs.edu

Instructor Biographies:

Paula Domenici, Ph.D., is one of the Directors of Training and Education at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. She manages and implements CDP training programs for enhancing mental health providers' knowledge of military culture and evidence-based treatments to help address the unique needs of military members, veterans and their families. This includes helping to oversee Star Behavioral Health Providers (SBHP), a training and referral program developed with the Military Family Research Institute at Purdue University, that is expanding Army and Air National Guard members' access to behavioral health care from trained civilian providers across the country. She also presents workshops to clinicians on military-related behavioral health topics. Dr. Domenici specializes in trauma and the treatment of PTSD using Prolonged Exposure Therapy. When she first joined CDP in 2006, she worked at the National Naval Medical Center in Bethesda, Maryland in the outpatient clinic and inpatient casualty care unit. Earlier in her career, she was an APA Congressional Fellow in Washington, DC, as well as a Staff Psychologist at the San Francisco VA Medical Center in California.

Lisa French, Psy.D., is a Senior Military Behavioral Health Psychologist at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. Dr. French is a suicide prevention subject matter expert and trainer who joined the CDP in 2011 as a deployment behavioral health psychologist at Wilford Hall Ambulatory Surgical Center following active duty service in the United States Air Force (USAF). During her time at CDP, she has served in multiple roles. Currently Dr. French is a military spouse residing in Germany and is a Parakar employee collaborating with the Henry M. Jackson Foundation in support of the CDP.

Dr. French received her bachelor's degree in psychology from Oregon State University and her master's and doctorate degrees in clinical psychology from Pacific University in Forest Grove, Oregon. She is a 2003 graduate of the Wright-Patterson USAF Medical Center Psychology Residency Program. Dr. French served as an active duty USAF psychologist from 2002-2011 and deployed to Afghanistan in support of Operation Enduring Freedom in 2006.



As a military spouse, Dr. French continues to experience military life daily and has first-hand understanding of the demands of military service on the family. Her professional interests include dissemination and implementation of evidence-based treatment approaches, the impact of military life on the family, and suicide prevention and treatment.

Paula Domenici, Ph.D., is one of the Directors of Training and Education at the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. She manages and implements CDP training programs for enhancing mental health providers' knowledge of military culture and evidence-based treatments to help address the unique needs of military members, veterans and their families. This includes helping to oversee Star Behavioral Health Providers (SBHP), a training and referral program developed with the Military Family Research Institute at Purdue University, that is expanding Army and Air National Guard members' access to behavioral health care from trained civilian providers across the country. She also presents workshops to clinicians on military-related behavioral health topics. Dr. Domenici specializes in trauma and the treatment of PTSD using Prolonged Exposure Therapy. When she first joined CDP in 2006, she worked at the National Naval Medical Center in Bethesda, Maryland in the outpatient clinic and inpatient casualty care unit. Earlier in her career, she was an APA Congressional Fellow in Washington, DC, as well as a Staff Psychologist at the San Francisco VA Medical Center in California.

Kathryn E Monsey, LCSW, LCDC is a Military Behavioral Health Social Worker for the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. She assists in the implementation and expansion of the Star Behavioral Health Providers Program (SBHP). SBHP trains civilian behavioral health providers to work with service members, veterans, and their families. The mission is to expand the availability of high-quality behavioral health services, especially for those in the National Guard and Reserve Component.

Kathryn holds over ten years of experience providing clinical services treating PTSD and substance use disorders within civilian, military and veteran populations. She has worked in inpatient, outpatient and residential treatment settings, including clinical research settings at the University of Indiana Bio Behavioral Alcohol Research Laboratory and University of Hawaii MRI/Neurology research program. Kathryn went on to work in the SATP program at the Veterans Administration in Washington State and subsequently as a Behavioral Health Provider for the Army. Kathryn worked as an embedded behavioral health provider at Ft. Hood, 1st Cavalry Division (Infantry) in 2018 as a Substance Use Disorder Clinical Care (SUDCC) provider and subsequently at USAG Wiesbaden (Germany) for 66th MI (Military Intelligence) and USAG Miami Health Clinic, providing co-occurring treatment for PTSD and substance use disorders.

Kathryn received her Bachelor of Arts in Psychological and Brain Sciences from Indiana University in 2011 and her Master of Social Work from University of Southern California, with a specialization on Military and Veteran Populations (MVP) in 2015. Kathryn further went on to specialize in PTSD and Substance Use disorders working in clinical and translational research through her bachelors and masters programs. She later received post graduate training in EMDR and trauma narrative therapies in addition to specialization licensure to treat substance use disorders. Kathryn has focused on addressing the unique needs of service members and veterans using evidence-based approaches, fitness for duty evaluations and harm reduction and abstinence based treatment models.



Debra Nofziger, Psy.D., is a Military Behavioral Health Psychologist and certified Cognitive Processing Therapy Trainer with the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. Located in Albany, Oregon, she develops, maintains, and conducts virtual and in-person training related to military deployments, culture, posttraumatic stress, and other psychological and medical conditions Service members and Veterans experience. Dr. Nofziger is the CDP Army POC, providing outreach and support to Army Behavioral Health training programs, behavioral health leadership, and individual military providers.

From 2007 to mid-2020, Dr. Nofziger served as the CDP Military Internship Behavioral Health Psychologist at Brooke Army Medical Center (BAMC) in San Antonio, TX. She assisted with managing multiple behavioral health training programs, including the Clinical Psychology Internship Program, Psychology Residency, Social Work Internship Program, and multiple post-doctoral psychology fellowships.

Dr. Nofziger was an active duty Army psychologist with assignments at BAMC and the U.S. Army School of Aviation Medicine. She was also deployed for a year to Iraq as a Brigade Psychologist with the 4th Infantry Division. Her variety of Active Duty assignments included positions as a staff psychologist in medical settings, at a community behavioral health clinic for soldiers in training, and in an aviation school environment where she was the training director for the Army's Aeromedical Psychology Training Course.

Dr. Nofziger earned her masters and doctorate degrees from Forest Institute of Professional Psychology in Springfield, Missouri. Her interests continue to be providing support to Service members, Veterans and their families through the training of military and civilian medical and behavioral health providers. Her particular interest areas are in the treatment of trauma and moral injury.

****There is no commercial support or conflict of interest to report for these presenters.**