



Tier One: Introduction to Military Culture, Families and Deployment

June 12, 2024

Fargo, ND

Description:

This training is the first of the three tiers and sets the foundation for becoming a Star Behavioral Health Provider (SBHP) and serving military-connected clients through the SBHP registry. The day-long training introduces participants to military culture to include basics about its history, organizational structure, core values, branches of service, mission and operations, as well as the differences between the active and reserve components. Additionally, considerations for working with military-connected families will be discussed such as identifying unique experiences of military couples, spouses, and children and normative military family life stressors that may inform the experiences and clinical presentation of military-connected clients. The training concludes with an overview of the impact of deployment on service members and families, exploring both the unique experiences that service members and families face across the deployment cycle and psychosocial stressors associated with the stages of deployment. Tier One focuses on areas other than assessment and intervention, with a specific emphasis on educating providers about the factors that may impact psychological practice with military-connected clients. The information and contents of this training have consistent and credible empirical support as documented in the scientific literature (Blue Star Families, 2022; Briggs et al., 2020; Meade, 2020; Office of the Deputy Assistant Secretary of Defense, Military Community and Family Policy, 2022; Veri et al., 2021).

Total CE Credits: 6.0

Total Contact Hours: 6.0

Learning Objectives:

Following the training, attendees will be able to:

1. Evaluate the structure and major components of the United States military
2. Analyze common characteristics of the military population and how they compare to the general population
3. Appraise elements of the military experience and lifestyle that are integral to military culture
4. Analyze how the unique demands of military service differentiate military families from their civilian counterparts
5. Evaluate the impact of normative military stressors on military families



6. Evaluate the impact of stressors experienced throughout the deployment cycle on service members and military families
7. Analyze challenges that service members face in achieving successful post-deployment reintegration

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory/Beginner

Agenda:

0800-0820	<i>SBHP Overview</i>
0820-0850	<i>Personal Perspective of Military Culture</i>
0850-1000	<i>Military Culture: Enhancing Clinical Competence</i>
1000-1010	Break
1010-1200	<i>Military Culture (continued)</i>
1200-1300	Lunch (on your own)
1300-1400	<i>The Military Family Experience</i>
1400-1410	Break
1410-1520	<i>Deployment Cycle and Separation Impact: Service Members & Military Families</i>
1520-1530	Break
1530-1620	<i>Deployment Cycle (continued)</i>
1620-1630	Questions and Closing

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. Attendance is taken manually, through the use of sign in/sign out sheets, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.



American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 6.0 In-Person Event continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).

New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at sbhpsupport-ggg@usuhs.edu.

Participate:

Date: 12 June 2024

Time: 8:00 am – 4:30 pm Central Time

Registration Information: <https://starproviders.org/providers-home/>

Registration Deadline: Registration will close one business day before the training begins or when registration capacity has been reached. Walk-ins will not be allowed

Cancellations/Questions: Please contact SBHP Support at sbhpsupport-ggg@usuhs.edu if you have any questions or need to cancel your registration

Registration Cost/Refunds: Free

Required Materials : None



Location Information: Fargo, ND

Fargo Readiness Center Auditorium

3270 40th Ave N.
Fargo, ND 58102

Please arrive 30 minutes prior to the beginning of the training to complete all registration forms and sign-in documents.

Instructional Format: Live, in-person

Special Accommodations: If you require special accommodations due to a disability, please contact Ms. Christina Myers at christina.myers.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at Amanda.milochik.ctr@usuhs.edu.

Instructor Biographies:

Debra Nofziger, Psy.D., is a Military Behavioral Health Psychologist and certified Cognitive Processing Therapy Trainer with the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences in Bethesda, Maryland. Located in Albany, Oregon, she develops, maintains, and conducts virtual and in-person training related to military deployments, culture, posttraumatic stress, and other psychological and medical conditions Service members and Veterans experience. Dr. Nofziger is the CDP Army POC, providing outreach and support to Army Behavioral Health training programs, behavioral health leadership, and individual military providers.

From 2007 to mid-2020, Dr. Nofziger served as the CDP Military Internship Behavioral Health Psychologist at Brooke Army Medical Center (BAMC) in San Antonio, TX. She assisted with managing multiple behavioral health training programs, including the Clinical Psychology Internship Program, Psychology Residency, Social Work Internship Program, and multiple post-doctoral psychology fellowships.

Dr. Nofziger was an active duty Army psychologist with assignments at BAMC and the U.S. Army School of Aviation Medicine. She was also deployed for a year to Iraq as a Brigade Psychologist with the 4th Infantry Division. Her variety of Active Duty assignments included positions as a staff psychologist in medical settings, at a community behavioral health clinic for soldiers in training, and in an aviation school environment where she was the training director for the Army's Aeromedical Psychology Training Course.

Dr. Nofziger earned her masters and doctorate degrees from Forest Institute of Professional Psychology in Springfield, Missouri. Her interests continue to be providing support to Service members, Veterans and their families through the training of military and civilian medical and behavioral health providers. Her particular interest areas are in the treatment of trauma and moral injury.

****There is no commercial support or conflict of interest to report for these presenters.**