



Tier One : Introduction to Military Culture, Families and Deployment

June 18, 2024

Norman, Oklahoma

Description:

This training is the first of the three tiers and sets the foundation for becoming a Star Behavioral Health Provider (SBHP) and serving military-connected clients through the SBHP registry. The day-long training introduces participants to military culture to include basics about its history, organizational structure, core values, branches of service, mission and operations, as well as the differences between the active and reserve components. Additionally, considerations for working with military-connected families will be discussed such as identifying unique experiences of military couples, spouses, and children and normative military family life stressors that may inform the experiences and clinical presentation of military-connected clients. The training concludes with an overview of the impact of deployment on service members and families, exploring both the unique experiences that service members and families face across the deployment cycle and psychosocial stressors associated with the stages of deployment. Tier One focuses on areas other than assessment and intervention, with a specific emphasis on educating providers about the factors that may impact psychological practice with military-connected clients. The information and contents of this training have consistent and credible empirical support as documented in the scientific literature (Blue Star Families, 2022; Briggs et al., 2020; Meade, 2020; Office of the Deputy Assistant Secretary of Defense, Military Community and Family Policy, 2022; Veri et al., 2021).

Total CE Credits: 6.0

Total Contact Hours: 6.0

Learning Objectives:

Following the training, attendees will be able to:

1. Evaluate the structure and major components of the United States military.
2. Analyze common characteristics of the military population and how they compare to the general population.
3. Appraise elements of the military experience and lifestyle that are integral to military culture
4. Analyze how the unique demands of military service differentiate military families from their civilian counterparts.
5. Evaluate the impact of normative military stressors on military families
6. Evaluate the impact of separation and deployment stressors experienced throughout the deployment cycle on service members and military families.
7. Analyze challenges that service members face in achieving successful post-deployment reintegration.

Target Audience: For behavioral health providers who treat military personnel, veterans, and their families.

Instructional Content Level: Introductory/Beginner



Agenda:

0800-0820	<i>SBHP Overview</i>
0820-0850	<i>Personal Perspective of Military Culture</i>
0850-0920	<i>Military Culture: Enhancing Clinical Competence</i>
0920-0930	Break
0930-1115	<i>Military Culture (continued)</i>
1115-1215	Lunch (on your own)
1215-1300	<i>Military Culture (continued)</i>
1300-1400	<i>The Military Family Experience</i>
1400-1410	Break
1410-1520	<i>Deployment Cycle and Separation Impact: Service Members & Military Families</i>
1520-1530	Break
1530-1620	<i>Deployment Cycle (continued)</i>
1620-1630	Questions and Closing

Continuing Education:

Course Completion Requirements: Participants are required to attend the entire training. Partial credits cannot be issued. The SBHP Overview and Personal Perspective of Military Culture portions of the day are not eligible for CE credits. Attendance is taken manually, through the use of sign in/sign out sheets, and a post-training evaluation form must be completed in order to receive ACE social work CE credits. For other CE credits, completion of the evaluation is strongly encouraged, but if you do not wish to complete the evaluation, please contact the training event's POC after the training event.

There is a 30-day time limit post-training to complete all CE requirements. Evaluations and CE Credit Certificates will be emailed within 30 days after all course requirements have been completed.

American Psychological Association Sponsor Approval:

The Center for Deployment Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Center for Deployment Psychology maintains responsibility for this program and its content.

Association of Social Work Boards Approved Continuing Education Provider Approval:

The Center for Deployment Psychology, #1761, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The Center for Deployment Psychology maintains responsibility for this course. ACE provider approval period: May 19, 2022 – May 19, 2025. Social workers completing this course receive 6.0 In-Person Event continuing education credits.

New York State Education Department's State Board for Psychology Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0178).



New York State Education Department's State Board for Social Work Provider Approval:

The Center for Deployment Psychology is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0744).

Inquiries regarding CE credits may be directed via email to SBHP Support at sbhpsupport-ggg@usuhs.edu

Participate:

Date: 18 June 2024

Time: 8:00 am – 4:30 pm Central Time

Registration Information: <https://starproviders.org/providers-home/>

Registration Deadline: Registration will close one business day before the training begins or when registration capacity has been reached. Walk-ins will not be allowed.

Cancellations/Questions: Please contact SBHP Support at sbhpsupport-ggg@usuhs.edu if you have any questions or need to cancel your registration.

Registration Cost/Refunds: Free

Required Materials: None

Location Information:

Norman Armed Forces Reserve Center

4000 Thunderbird Street

Norman, OK 73069

Please arrive 30 minutes prior to the beginning of the training to complete all registration forms and sign-in documents.

Instructional Format: Live, in-person

Special Accommodations: If you require special accommodations due to a disability, please contact Ms. Christina Myers at christina.myers.ctr@usuhs.edu 4 weeks prior to the training so that we may provide you with appropriate service.

Grievances: For any grievances or concerns with this training including those related to course content, non-receipt of certificate or other occurrences, participants may contact CDP's Continuing Education Director, Ms. Amanda Milochik, via email at Amanda.milochik.ctr@usuhs.edu.

Instructor Biographies:

Jennifer Nevers, MSW, LCSW, is a Program Associate with the Center for Deployment Psychology (CDP) at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland. She assists in the implementation and expansion of the Star Behavioral Health Providers (SBHP) Program across the nation. SBHP trains civilian behavioral health providers to work with service members, veterans, and their families. The mission is to expand the availability of high-quality behavioral health services, especially to those in the reserve component.

Jennifer is a Captain in the Indiana Army National Guard serving as a Behavioral Health Officer with the



738th Medical Company Area Support. Jennifer interfaces with service members across Indiana linking National Guard Soldiers to behavioral health services. Prior to joining CDP, Jennifer worked with the U.S. Department of Veterans Affairs in the Veterans Justice Outreach Program. Jennifer has over 10 years' experience working as a liaison with problem solving courts and increasing access to care for justice-involved Veterans.

Jennifer received her Bachelor of Social Work from Indiana University in 2008 and her Master of Social Work from Washington University in St. Louis in 2009. Jennifer specializes in addressing the unique needs of service members and veterans using evidence-based approaches. Jennifer is certified in Cognitive Processing Therapy, an evidence-based treatment for PTSD and trauma-related disorders.

**There is no commercial support or conflict of interest to report for these presenters.