

Treat PTSD and Sleep Problems with Confidence

Learn and Use Evidence-Based Therapies
The Gold Standard for Treatment



Go for the
GOLD
GOLD

Quality Training and Consultation For Behavioral Health Providers



Center for
Deployment Psychology

DeploymentPsych.org



Go for the GOLD

Comprehensive Consultation Services at No Cost for CDP Trained Providers

Assessing and treating PTSD and sleep problems can be challenging. Evidence-based psychotherapies (EBPs) are the *gold standard* for addressing these disorders, according to the Department of Defense and the Veteran's Administration. Adopting EBPs requires leadership commitment, effective training, therapy implementation, and protocol adherence.

Consultation and support are now available for Center for Deployment Psychology (CDP) trained behavioral health providers through CDP's **Go for the Gold** campaign.

Go for the Gold provides post-training support to promote skills development and implementation of Cognitive Processing Therapy (CPT) and Prolonged Exposure Therapy (PE) for PTSD, and Cognitive Behavioral Therapy (CBT-I) for Insomnia.

Go for the Gold offers:

- Mentoring
- Provider resources
- Exclusive on-line provider portal support
- Phone consultation with subject matter experts to help you:
 - Master EBP practices more quickly
 - Receive feedback on active cases
 - Build confidence in the use of EBP practices



CENTER FOR
DEPLOYMENT
PSYCHOLOGY

*Training Providers Who
Help Those in Harm's Way*

It's easy to get started!
deploymentpsych.org/consultation