



Addressing the Psychological Health of Warriors and Their Families

**August 23 - 27, 2010
Olympia, WA**

The Phoenix Inn
415 Capitol Way N., Olympia, WA 98501
(877) 570-0555
<http://www.phoenixinn.com/olympia/>

There is a fee of \$75 to attend this course, regardless of length of attendance. This fee covers course materials, continuing education credits for each module, and a daily continental breakfast.

TRAINING GOALS:

- Increase clinical competency for service members with behavioral health problems through better understanding of military terminology and culture
- Examine how stages of the deployment cycle impact service members and their families and ways to build resilience
- Learn cognitive-behavioral strategies for identifying, treating, and preventing suicidal behavior in service members
- Review the application of empirically-validated measures and treatments for depression using military examples
- Better understand the etiology of PTSD and its comorbid problems particularly within the context of war
- Enhance knowledge of "gold standard" measures and tools for assessing PTSD in service members
- Increase knowledge about the prevalence and kinds of sleep problems experienced by military personnel and review cognitive-behavioral strategies and interventions to assist them with sleep problems
- Identify symptoms, mechanisms, levels of severity, and rates of traumatic brain injury (TBI) in service members
- Become familiar with guidelines, resources, and services for military personnel with TBI and their families
- Learn the skills and protocol of Prolonged Exposure Therapy (PE)

Participants are encouraged to attend the entire one-week conference in order to receive comprehensive training for working with the military/veteran population. However, participants can select to attend specific lectures for which separate CE credits will be provided.

ELIGIBLE PARTICIPANTS:

This course is designed for civilian licensed mental health providers including psychologists, social workers, psychiatrists, and marriage family therapists who are actively treating military personnel, veterans, and their families. Active duty mental health providers interested in attending this course should contact the Center for Deployment Psychology to inquire about trainings designed specifically for them. While we recognize that many individuals may be interested in attending this course, the material is not designed for, and may not be appropriate for, non-professionals and those who are not working with this population.

CONTINUING EDUCATION (CE) INFORMATION:

CE accreditation is provided by PESI, LLC for this one-week training. Please carefully read the information provided by PESI, LLC (found under the *Continuing Education Information* tab on the registration website) to learn more about CE credits and the disciplines covered. After reading this information, if you still have specific questions about CE credits, contact Marcy Koopman directly at mkoopman@pesi.com.

FOR MORE INFORMATION AND TO REGISTER:

<http://www.hjf.org/events/cdp-olympia.html>

FOR FURTHER QUESTIONS PLEASE CONTACT:

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Monday, August 23, 2010

Welcome & Introduction <i>Paula Domenici, PhD</i> Head, Division of Training Programs Center for Deployment Psychology	8:30am – 8:45am	
Military Culture and Terminology <i>Elizabeth Parins, PsyD</i> Deployment Behavioral Health Psychologist Center for Deployment Psychology	8:45am – 11:15am	CE Session
Lunch Break	11:15am – 12:15pm	
The Deployment Cycle and Its Impact on Service Members and Families <i>Paula Domenici, PhD</i>	12:15pm – 4:45pm	CE Session

Tuesday, August 24, 2010

Etiology, Assessment, and Treatment of Depression <i>Paula Domenici, PhD</i>	8:00am – 9:30am	CE Session
Identification, Prevention, and Treatment of Suicidal Behavior <i>Elizabeth Parins, PsyD</i>	9:45am – 12:00pm	CE Session
Lunch Break	12:00pm – 1:00pm	
Etiology of PTSD <i>Jenna Ermold, PhD</i> Deployment Behavioral Health Psychologist Center for Deployment Psychology	1:00pm – 3:15pm	CE Session
Assessment of PTSD <i>Jenna Ermold, PhD</i>	3:30pm – 4:30pm	CE Session

Wednesday, August 25 – Thursday, August 26, 2010

Evidence-Based Treatment for PTSD: Prolonged Exposure Therapy (PE)

Jenna Ermold, PhD
William Brim, PsyD
Deputy Director
Center for Deployment Psychology

Schedule, each day:

Morning Session	8:00am – 12:00pm	CE Session
Lunch	12:00pm – 1:00pm	(PE is a complete
Afternoon Session	1:00pm – 4:30pm	two-day CE session)

Friday, August 27, 2010

Assessment and Treatment of Sleep Disturbance Associated with Deployment <i>William Brim, PsyD</i>	8:00am – 12:00pm	CE Session
Lunch Break	12:00pm – 1:00pm	
Traumatic Brain Injury (TBI) <i>Kimberly Meyer, MSN</i> Neuroscience Clinician/TBI specialist Defense and Veterans Brain Injury Center	1:00pm – 5:00pm	CE Session

*CE Credits are provided by PESI, LLC and are calculated according to total minutes of lecture time and as determined by professional and state regulations. More information can be found on the registration website and will be provided at the event.

**Speakers and schedule subject to change.